

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1- hall	Story Time Dance	Body Parts and their functions	Groovy Gymnastics	Gymfit Circuits	Cool Core Strength	Fitness Frenzy
Year 1 - outside	Multi-skills	Boot Camp	Skip to the beat	Brilliant Ball Skills	Throwing and catching	Active Athletics
Year 2 –Hall	Ugly Bug Ball Dance	Multi-skills	Groovy Gymnastics	Gymfit Circuits	Cool Core Strength	Fitness Frenzy
Year 2- outside	Boot Camp	Mighty Movers (running)	Skip to the beat	Brilliant Ball Skills	Throwing and catching	Active Athletics

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3- hall	African Dance	Multi-skills	Groovy Gymnastics	GymfitCicuits	Cool Core (Pilates)	Fitness Frenzy
Year 3- outside	Boot Camp	Mighty Movers (running)	Skip to the beat (hall)	Brilliant Ball skills	Nimble nets	Active Athletics
Year 4 –Hall	Dynamic Dance	Mighty Mover (boxercise)	Gym Sequences	GymfitCicuits	Cool Core (Pilates)	SWIMMING
Year 4 - outside	Invaders- Football	Boot Camp	Skip to the beat (hall)	Striking and fielding	SWIMMING	Young Olympians

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5- hall	Dynamic Dance	Mighty Mover (boxercise)	Gym Sequences	Step to the beat	Cool Core (Pilates)	Fitness Frenzy
Year 5- outside	Invaders- Football	Boot Camp	Striking and fielding	Gymfit Circuits	Nimble nets	Young Olympians
Year 6 –Hall	Dynamic Dance	Mighty Mover (boxercise)	Gym Sequences	Step to the beat	Cool Core (Pilates)	Fitness Frenzy
Year 6 - outside	Invaders- Football	Boot Camp	Striking and fielding	Gymfit Circuits	Nimble nets	Young Olympians