

SCHOOL LUNCH MENU



WEEK 1

w/c 16/4/18, 7/5/18, 4/6/18, 25/6/18,
16/7/18, 17/9/18, 8/10/18

WEEK 2

w/c 23/4/18, 14/5/18, 11/6/18, 27/7/18,
3/9/18, 24/9/18, 15/10/18

WEEK 3

w/c 30/4/18, 21/5/18, 18/6/18, 9/7/18,
10/9/18, 1/10/18

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Choice 1

Sausage & Mash with Onion Gravy

Chicken & Sweetcorn Pie with New Potatoes and Gravy

Honey Roast Gammon & Pineapple with Roast Potatoes & Gravy

Chicken Rogan Josh with Whole Grain Rice and Naan

Harry Ramsden Cod Fish with Chunky Chips and Ketchup

Turkey Meat balls in Tomato Sauce with Mash Potatoes

Sweet Chilli Chicken served with Rice

Roast Beef with Yorkshires, Roast Potatoes & Gravy

Chicken Katsu Curry with Whole Grain Rice and Naan

Salmon Fish Fingers with Chunky Chips & Ketchup

Pasta Bolognese in Tomato Sauce

Caribbean Chicken with Potato Salad

Roast Chicken with Stuffing, Roast Potatoes & Gravy

Lamb Keema with Whole Grain Rice

Bubble Coated Pollock Fish with Chunky Chips & Ketchup

Choice 2

Macaroni Cheese

Quom & Sweetcorn Pie with New Potatoes and Gravy

Quom Fillet with Roast Potatoes and Gravy

Spicy Lentil Pasta

3 Cheese & Tomato Pizza with Chunky Chips and Ketchup

Linda McCartney Veg balls in Tomato Sauce with Mash Potatoes

Vegetable Lasagne

Cheese & Tomato Quiche with, Roast Potatoes & Gravy

Five Bean Chilli with Whole Grain Rice

3 Cheese & Tomato Pizza with Chunky Chips and Ketchup

Four Cheese Ravioli in Tomato Sauce

Quom Sausage Patties with Potato Salad

Spicy Bean Bake with Roast Potatoes & Gravy

Mexican Quom Fajitas

3 Cheese & Tomato Pizza with Chunky Chips and Ketchup

Veg

Sweetcorn

Roast Veg

Broccoli

Carrot Batons

Baked Beans

Carrot Batons

Roast Peppers

Cauliflower

Sweetcorn

Baked Beans

Courgettes

Garden Peas

Cauliflower

Mini Corn Cobs

Garden Peas

Broccoli

Mini Corn Cobs

Sliced Carrots

Savoy Cabbage

Garden Peas

Carrot Batons

Mini Corn Cobs

Savoy Cabbage

Broccoli

Baked Beans

Roast Peppers

Green Beans

Sliced Carrots

Sweetcorn

Garden Peas

Dessert

Toffee Waffles and Ice Cream

Chocolate Crispy Bites

Frozen Fruit Smoothie

Blueberry Lemon Cake with Creamy Custard

Raspberry Cheese Cake

Fruit Bun

Pear & Chocolate Sponge with Custard

Frozen Fruit Smoothie

Iced Carrot and Orange Cake

Strawberry Trifle

Chocolate & Date Brownie

Apricot Flapjack

Frozen Fruit Smoothie

Bakewell Tart with Creamy Custard

Eton Mess

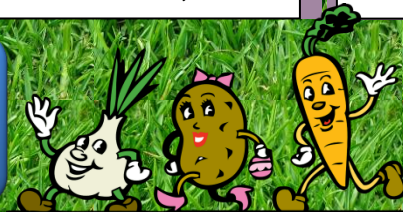
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

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AVAILABLE DAILY

- *Home Made Fresh Bread
- *Fresh Salad Items



For details on Cultural and Special Dietary Diets, Allergen Information, School Meal Prices & more, please visit our website:
www.luton.gov.uk/schoolcatering

