

Academic Year:	2015/2016
Total Funding Allocation:	£9,055
Actual Funding Spent:	£9,055

HOUGHTON REGIS PRIMARY SCHOOL - PE and SPORT PREMIUM ACTION PLAN

Indicator 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles				Impact
Objective	Key Actions	Allocated Funding	Anticipated outcomes	Impact
1. To promote healthy lifestyles by incorporating health education into PE lessons from Reception to Year 6. Educating children on the importance of healthy eating and how this has an impact along with regular exercise.	Lesson plans to develop children’s awareness of health education and healthy eating. Establishing a cooking club across all key stages focusing on healthy cooking.	For up skilling staff in different areas of PE. Cooking Club resources. £150	Positive attitudes developed for a healthy and active lifestyle. Children to be empowered to make healthy choices now and in the future.	School Nurse – visits Spring Term Talks to: Yr 1 – Hygiene Yr’s 4,5 & 6 Health Education Cooking Club started
2. To promote Travel Plan increasing the opportunities to walk and scoot to school.	Continue to offer bike/scooter ability courses to increase biking/scooting awareness and safety	For maintenance and upkeep of scooter/bike racks £100	Increase awareness and safety on the roads and increase in the awareness of walking, cycling and scooting for fun. Increase in self-esteem and confidence due to participation especially at Yr 6 and the transition to secondary school whereby the pupils will continue to commit to a healthy lifestyle.	Bikers Breakfasts – Termly Bikeability/Scooterability courses KS2 & KS1 Spring & Summer Terms
3. To continue to promote supervised sports activities at lunchtime for KS1 and KS2. Provide access to active play trolley to all pupils at least twice a week at morning playtimes for KS1 and include Reception Class.	A choice of supervised games offered every lunchtime, structured to cater for all age groups.	Upgrading resources £150	Ensure the enhancement and extension of our curriculum provision. Inclusion opportunities for all to promote active, healthy lifestyles. Increase engagement with sports during lunchtimes and playtimes improving behaviour.	Upgrade of playtime resources

Indicator 2. The profile of PE and sport being raised across the school as a tool for whole school improvement				
1. Raise the profile of the school by hosting other sporting tournaments.	Continue to host a Netball Tournament, liaise with other PE Co-ordinators and SSC to raise the profile of competitive sports within Houghton Regis.	£200 For medals, trophies, certificates.	Children have the opportunity to compete against other schools striving for success in a formal competitive setting. Children can be inspired by others achievements and understand the importance of the HRPS Values such as determination, perseverance, tolerance, patience, commitment, respect, care and thoughtfulness.	Medals and Trophies purchased annually for our Netball Tournament at our May Fayre.
2. Replace gym equipment which has become surplus to requirements for more suited to the needs of UPKS2 pupils.	Source and cost equipment suited for UPKS2 i.e.sit up/press up bars	£1500-ongoing	To ensure the enhancement of curriculum provision at UPKS2 ensuring they have the opportunity to make the relevant progress in Gymnastics individually and as a group.	Ongoing
3. Introduction of PE Sports Leadership Skills Programme for Year 6 pupils.	Liaise with SSC to establish what programme would help the children to lead, manage and officiate activities within the school.	£350-ongoing	Clear pathway for talented pupils with leadership skills. Enhancement of self-esteem, confidence and positive attitudes towards healthy lifestyles.	Programme to be introduced 2016/17
Indicator 3. Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport				
1. To continue to up skill staff to deliver inspiring and challenging lessons.	PE Specialist coaches to support all staff teaching PE through team teaching, lesson planning and extra-		Staff will have an increased confidence and knowledge to teach high quality PE lessons and to follow through with extra-curricular activities.	Multi-Skills coaching for KS1 Autumn Term. Variety of clubs up and Running throughout the year.

	curricular activities.		At present 50% of school staff lead extra-curricular activities.	
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Indicator 4. Broader experience of a range of sports and activities offered to all pupils

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Indicator 5. Increased participation in competitive sport				
1. Pupils to continue to be given the opportunity to compete in School Games events.	Liaise with SSC and attend as many School Games competitions as possible.	£200 Future kits	Children across the key stages have the opportunity to compete against other schools striving for success in a formal competitive setting.	
2. Pupils to be given the opportunity to participate in challenges during each PE lesson ranging from mini-challenges to small sided games.	PE Co-ordinator to ensure all planning takes into account the various needs of the pupils with challenge opportunities as appropriate.		To ensure pupils progress, fulfilling individual and group potential. Pupils build confidence and positive life-long habits to play in competitive sports. Positive contribution to team players, spiritual moral, social and cultural skills.	
3. Improve links with other local clubs offering pupils the opportunity to make a commitment outside of school.	PE Co-ordinator to liaise with clubs to bring in specific coaches i.e.: Tennis, Cricket and Rugby to enhance pupil's awareness of other opportunities outside of school.	Resources	All talented children are signposted to appropriate local sports clubs or other pathways. Pupils to recognise the wider benefits of participating in sport and consider it an important part of their physical development.	