

Academic Year:	2016/2017
Total Funding Allocation:	£9,078
Actual Funding Spent:	£9,078

HOUGHTON REGIS PRIMARY SCHOOL - PE and SPORT PREMIUM ACTION PLAN

Indicator 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles				
Objective	Key Actions	Allocated Funding	Anticipated outcomes	Impact
1. To promote healthy lifestyles by incorporating health education into PE lessons from Reception to Year 6. Educating children on the importance of healthy eating and how this has an impact along with regular exercise.	Lesson plans to develop children’s awareness of health education and healthy eating. Establishing a cooking club across all key stages focusing on healthy cooking.	For up skilling staff in different areas of PE. Cooking Club resources. £150	Positive attitudes developed for a healthy and active lifestyle. Children to be empowered to make healthy choices now and in the future.	School Nurse – visits Spring Term Talks to Yr 1 – Hygiene Yr’s 4,5 & 6 Health Education Cooking Club started
2. To promote Travel Plan increasing the opportunities to walk and scoot to school.	Continue to offer bike/scooter ability courses to increase biking/scooting awareness and safety	For maintenance and upkeep of scooter/bike racks £100	Increase awareness and safety on the roads and increase in the awareness of walking, cycling and scooting for fun. Increase in self-esteem and confidence due to participation especially at Yr 6 and the transition to secondary school whereby the pupils will continue to commit to a healthy lifestyle.	Bikers Breakfasts – Termly Bikeability/Scooterability courses KS2 & KS1 Spring & Summer Terms
3. To continue to promote supervised sports activities at lunchtime for KS1 and KS2. Provide access to active play trolley to all pupils at least twice a week at morning playtimes for KS1 and include Reception Class.	A choice of supervised games offered every lunchtime, structured to cater for all age groups.	Upgrading resources £150	Ensure the enhancement and extension of our curriculum provision. Inclusion opportunities for all to promote active, healthy lifestyles. Increase engagement with sports during lunchtimes and playtimes improving behaviour.	Upgrade of playtime resources

Indicator 2. The profile of PE and sport being raised across the school as a tool for whole school improvement

<p>1. Raise the profile of the school by hosting other sporting tournaments.</p> <p>2. Replace gym equipment which has become surplus to requirements for more suited to the needs of UPKS2 pupils.</p> <p>3. Introduction of PE Sports Leadership Skills Programme for Year 6 pupils.</p>	<p>Continue to host a Netball Tournament, liaise with other PE Co-ordinators and SSC to raise the profile of competitive sports within Houghton Regis.</p> <p>Source and cost equipment suited for UPKS2 i.e.sit up/press up bars</p> <p>Liaise with SSC to establish what programme would help the children to lead, manage and officiate activities within the school.</p>	<p>£200 For medals, trophies, certificates.</p> <p>£1500-on going</p> <p>£350-on going</p>	<p>Children have the opportunity to compete against other schools striving for success in a formal competitive setting. Children can be inspired by others achievements and understand the importance of the HRPS Values such as determination, perseverance, tolerance, patience, commitment, respect, care and thoughtfulness.</p> <p>To ensure the enhancement of curriculum provision at UPKS2 ensuring they have the opportunity to make the relevant progress in Gymnastics individually and as a group.</p> <p>Clear pathway for talented pupils with leadership skills. Enhancement of self-esteem, confidence and positive attitudes towards healthy lifestyles.</p>	<p>Medals and Trophies purchased annually for our Netball Tournament at our Summer Fayre.</p> <p>Ongoing</p> <p>Programme to be introduced 2016/17</p> <p>Ongoing</p>
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Indicator 3. Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport

1. To continue to up skill staff to deliver inspiring and challenging lessons.

PE Specialist coaches to support all staff teaching PE through team teaching, lesson planning and extra- curricular activities.

Staff will have an increased confidence and knowledge to teach high quality PE lessons and to follow through with extra-curricular activities.
At present 50% of school staff lead extra-curricular activities.

Multi-Skills coaching for KS1 Autumn Term. Variety of clubs up and Running throughout the year.

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Indicator 4. Broader experience of a range of sports and activities offered to all pupils

<p>1. To continue to offer a balanced range of extra-curricular clubs across the key stages.</p>	<p>At present the opportunities include at Key Stage 1: Football, Contemporary Dance, Gymnastics, Cheerleading, Dodgeball and Mini-Olympics. Key Stage 2: Football, Netball, Tag-Rugby, Gymnastics, Fencing, Mini-Olympics and Cheerleading. Contemporary Dance. Continue to build links with local sports clubs and companies to sustain the opportunities and varied clubs offered.</p>	<p>£1405</p>	<p>At present 65% uptake across the key stages for participation in extra-curricular activities. Extra-curricular activities to support learning in lessons to help embed knowledge and aid progression of skills.</p>	<p>New Clubs introduced for the Spring Term include KS1 Hockey, KS2 Contemporary Dance</p>
<p>2. Continue to offer opportunities for Residential/Adventure Activities for the less motivated pupils.</p>	<p>Support less motivated pupils to access opportunities especially at Yr 6 in order to build up their self-esteem and confidence prior to transition to Secondary School.</p>		<p>Increase uptake of Year 6 pupils participating in Residential/Adventure Activities.</p>	<p>Residential Summer Term at Woodrow House – Yr 6</p>
<p>3. A purpose built PE store.</p>	<p>PE Store suitably accessible for older pupils. Use for storage of pupils kit whilst participating in outdoor extra-curricular activities.</p>	<p>£5,000</p>	<p>Older pupils empowered to take responsibility using and storing equipment.</p>	<p>Finalised Oct' 15.</p>

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Indicator 5. Increased participation in competitive sport				
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<p>1. Pupils to continue to be given the opportunity to compete in School Games events.</p> <p>2. Pupils to be given the opportunity to participate in challenges during each PE lesson</p>	<p>Liaise with SSC and attend as many School Games competitions as possible.</p> <p>PE Co-ordinator to ensure all planning takes into account the various needs of the pupils with</p>	<p>£200 Future kits</p>	<p>Children across the key stages have the opportunity to compete against other schools striving for success in a formal competitive setting.</p>	
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ranging from mini-challenges to small sided games.

3. Improve links with other local clubs offering pupils the opportunity to make a commitment outside of school.

challenge opportunities as appropriate.

PE Co-ordinator to liaise with clubs to bring in specific coaches i.e.: Tennis, Cricket and Rugby to enhance pupil's awareness of other opportunities outside of school.

Resources

To ensure pupils progress, fulfilling individual and group potential. Pupils build confidence and positive life-long habits to play in competitive sports. Positive contribution to team players, spiritual moral, social and cultural skills.

All talented children are signposted to appropriate local sports clubs or other pathways. Pupils to recognise the wider benefits of participating in sport and consider it an important part of their physical development.