

Houghton Regis

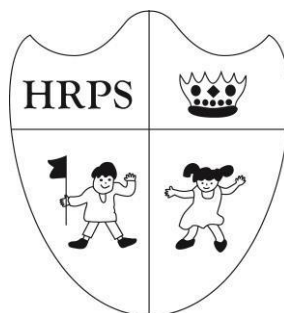
Headteacher: Mr J Edwards BA (Hons) QTS
Deputy Head: Mrs R Parmar BA (Hons) PGCE

Telephone: 01582 867487

Fax: 01582 867487

Email: office@houghtonregisprimary.co.uk

Website: www.houghtonregisprimary.co.uk



Primary School

St Michaels Avenue
Houghton Regis
Dunstable
Beds
LU5 5DH

Dear Parents and Carers,

An important part of the Jigsaw PSHE (Personal, Social, Health and Economic) programme is delivered through the 'Relationships' and 'Changing Me' puzzle pieces which are covered during the Summer term.

There are four main aims of teaching RSE (Relationship and Sex Education):

- To enable children to understand and respect their bodies
- To help children develop positive and healthy relationships appropriate to their age and development
- To support children to have positive self-esteem and body image
- To empower them to be safe and safeguarded.

Each year group will be taught appropriate to their age and developmental stage. At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), this information will be shared with you by your child's class teacher. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

Below is a summary of RSE coverage within the Jigsaw scheme for each age group:

Ages 3-5 - Growing up: how we have changed since we were babies.

Ages 5-6 - Boys' and girls' bodies; correct names for body parts. **Ages 6-7** Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

Ages 7-8 - How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.

Ages 8-9 - Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.

Ages 9-10 - Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.

Ages 10-11 - Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager.

All lessons are taught using correct terminology, child-friendly language and diagrams.

As a parent/carer you have the right to withdraw your child from the [non-statutory/non-science] components of sex education within RSE. You must inform the school of your decision. Please complete and return the attached slip below by **Friday 28th May 2021**. If we **do not** receive a reply from you, we will assume that consent has been given, and your child will take part in all of these lessons. Alternative work will be given to pupils who are withdrawn from RSE lessons.

Please check the school website for more information regarding PSHE and RSE at Houghton Regis Primary School.

Miss A Waller
PSHE Lead

PSHE – Relationship and Sex Education (RSE) Consent Form

Child's name: _____

Class: _____

I wish to **withdraw** my child from the non-statutory components of RSE learning

Signed: _____

Date: _____

