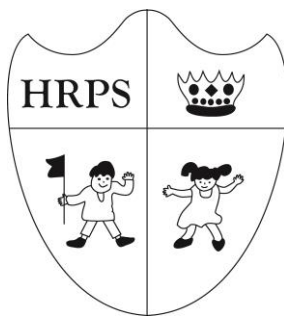


Houghton Regis



Primary School

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PE Kit Rules

As you may be aware it is a statutory requirement of the National Curriculum that all schools provide the opportunities for children to do PE which must be carried out under the current Health & Safety guidelines in Physical Education.

- Children should have their **named** PE kit in school every day which must be worn for PE lessons (**yellow or jade green T-shirt, black shorts, trainers or plimsoles (tracksuits for winter)**). PE kits should be taken home for washing at the end of each half term
- No jewellery is to be worn for PE activities, including swimming lessons and the extra-curricular programme. If your child wears earrings they must be able to remove their own. If pupils are unable to remove their earrings they will be unable to take part in PE due to Health and Safety guidelines from the Council.
- Long hair should also be tied back and, for swimming lessons, children should be encouraged to wear swimming hats.
- Children who have forgotten PE kit will be kitted out from the school stock of PE kit, however this is very limited.
- If you do not wish your child to take part in PE due to health reasons please send a note or speak with the teacher.
- Extra-Curricular activities letters will advise of appropriate clothing.
- We would advise that if children are to have their ears pierced they do this at the beginning of the summer holidays.

