

Houghton Regis Primary School

'Growing minds, shaping futures and inspiring lifelong learning'



Headteacher: Mrs R Parmar
Assistant Headteachers: Ms D Faure-Alexis & Mr D de Gouviea-Smith

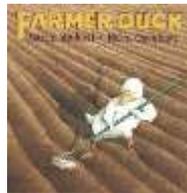
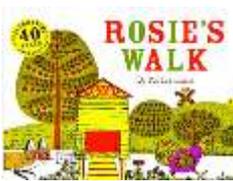
Monday 23rd February 2026

Nursery- Spring 2- Curriculum Map

Dear Parents and Carers,

This term, we will be exploring the magical world of **Growth and Change!** Children will be exploring how they and the world around them grow and develop over time. We will be learning about the world around us and how people live and change, as well as observing plants, animals and the natural world. Through stories, hands-on activities, and creative learning, children will discover the life cycles of plants and animals, notice changes in the seasons, and reflect on their own growth and achievements. This topic encourages curiosity, creativity, and an understanding of the world in a practical and engaging way.

Here are the books we will be looking at throughout the term:



Personal, Social and Emotional Development (PSED)

This term; the children will be exploring the **Healthy Me** theme in Jigsaw. They will learn about everybody's body and how to keep it healthy through exercise, including fun activities like We Like to Move It, Move It. Children will also talk about making healthy choices, the importance of sleep, and how these help them grow and feel good. In addition, they will focus on making friends, learning ways to play kindly, share, and solve problems with others. These lessons help children understand themselves, care for their bodies, and develop positive relationships with friends.

Communication and Language

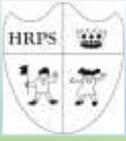
This term in Nursery, we will be developing our speaking and listening skills through a range of fun, play-based activities. The children will be encouraged to ask "why" questions to help them become curious thinkers and confident communicators. We will be learning and practising preposition words such as *in*, *on*, *under*, *behind* and *next to* as we describe where objects are during play. The children will also follow simple verbal instructions, helping them to build their listening skills and understanding. As part of our role play and small world activities, we will introduce and use new vocabulary, encouraging the children to use these words in short 3–4 word sentences such as "You go there" or "I am the driver." We will also talk about whether something is right or not right, supporting children to express their opinions and develop early reasoning skills. These activities will help to build confidence, language development and social interaction skills in a fun and engaging way.

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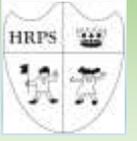
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Physical Development

In Nursery, we will be developing our fine motor skills through a range of hands-on activities. The children will practise using scissors safely and correctly to make snips in paper, helping to strengthen their hand muscles and coordination. We will also begin threading large beads to support hand-eye coordination and control. As part of our early writing development, the children will be encouraged to form some recognisable letters in their name, building confidence and independence in mark-making.

Literacy

This term in Nursery, we will be exploring a range of non-fiction texts to help the children learn about the world around them and begin to understand the difference between storybooks and information books. We will also continue to develop our fine motor skills, encouraging the children to begin using a tripod grip when holding pencils and crayons to support early writing. As their confidence grows, the children will be supported in forming the initial letter of their name, helping to build strong foundations for future writing.

Phonics

In Nursery, we will continue to revisit and practise the phonics sounds we have already learned to help build the children's confidence and recognition. Alongside this, we will be introducing some new sounds, including **ck** (our first digraph, where two letters make one sound) and the individual sounds **e**, **u**, **r**, and **h**. The children will explore these sounds through fun, practical activities, songs, and games to support their early reading and writing skills.

Mathematics

In Maths this term, we will be developing the children's early number skills through practical and engaging activities. The children will practise **subitising**—recognising small amounts without counting—by looking at dot patterns and talking about what they can see. We will explore different arrangements of dots to help them understand that numbers can look different but still represent the same amount. The children will also compare and sort collections of objects by size, colour, and quantity, building their understanding of similarities and differences. Alongside this, we will begin to develop early problem-solving skills as the children learn to complete simple puzzles, encouraging perseverance and logical thinking.

Understanding the World

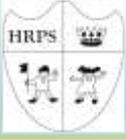
This term in Nursery, we will be learning about the **Easter Story**, helping the children to understand why Easter is important to Christians. We will also support the children in beginning to make sense of their own personal history by using language such as *a long time ago*, *before*, *days of the week*, and *last week*, with guidance from adults. In our learning about **People, Culture and Communities**, we will explore the meaning of **Fair Trade** and why it is important, as well as learning more about Easter traditions. As part of our work on **The Natural World**, we will discover the importance of bees and how they help our environment, learn how to care for farm animals, and explore the lifecycle of a ladybird. These topics will encourage curiosity and help the children develop a growing understanding of the world around them.

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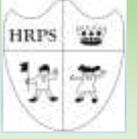
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Expressive Arts and Design

This term in Nursery, our creative learning will focus on animals and exploring a range of exciting materials. The children will create **animal drawings**, build **junk model animals**, and enjoy **painting farmyard animals** using different tools and techniques. We will explore **play dough**, shaping and moulding it to create animals and other imaginative ideas, and use **2D shapes** to design animal pictures and insets. Throughout these activities, the children will be encouraged to explore different materials using all their senses, helping them to investigate textures and how things feel. We will also support the children in beginning to make marks intentionally, expressing their ideas and feelings through their creations and, at times, giving meaning to the marks they make.

World Book Day	Thursday 5 th March 2026
Parent Consultation Evening	Monday 23 rd March – 3.45pm to 6.15pm (Appointments will be posted on Class Dojo)
Parent Consultation Evening	Thursday 26 th March – 4pm to 7pm (Appointments will be posted on Class Dojo)

Thank you for your continued support. Should you have any questions or would like further information, please do not hesitate to get in touch either on the door or via Class Dojo.

Mrs McBrearty and Miss Sullivan.

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