

MESSAGE FROM THE HEADTEACHER

Dear Parents and Carers

As I am sure you are aware the prevalence of Covid 19 in the Houghton Regis area continues to be high and we have already needed to send out 'warn and inform' guidance letters to a number of classes in the school.

As I write, there continues to be particular high numbers of children testing positive for Covid 19 in the following classes:

Amber	Orange	Sapphire
Green (Year 1 Group)	Red	Purple
Blue (Year 4 Group)	Platinum	

We have also had a number of staff members needing to self-isolate who work with the classes listed above.

In terms of additional measures we have taken to stop the spread of Covid 19 recently these have included:

- The re-introduction of bubbles which has included KS2 classes returning to having lunch in their classrooms
- The cancellation of all 'in person' assemblies for a three week period
- Staff wearing masks in all communal areas and not mixing at lunch times
- Re-organising more clubs into 'phase only' groups
- Having windows opened regularly to allow for clean air flow in all classrooms
- Providing additional staff rest areas so there is less need to use the staff room

We also continue to encourage the children to wash their hands very regularly as well as providing access to hand sanitiser. I would also like to thank parents for continuing to wear face masks on the school campus and for communicating via email rather than face to face in most incidences. Please also continue to check the Covid section of our school website, which is updated very regularly with flow charts and other guidance.

As a further measure, I wanted to share some of the helpful information from the 'warn and inform' letters with the whole school community.

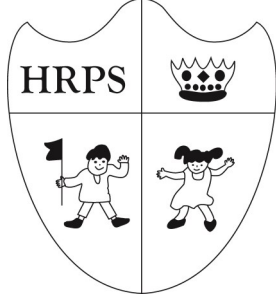
Daily Testing for Contact of COVID-19 (DTCC)

As per [Government guidance](#) fully vaccinated adults, and those aged between 5–18 years and 6 months who are contacts of a confirmed COVID-19 case should take daily Lateral Flow Device (LFD) tests. However, due to the current challenges in accessing LFD tests, we recommend where possible that your child tests on day 1, 4 and 7 within the 7-day period. Contacts should take this test before they leave the house for the first time each day. Packs of 7 lateral flow tests can be collected from various locations in Central Bedfordshire: https://www.centralbedfordshire.gov.uk/info/135/coronavirus/919/rapid_tests or can be ordered online (subject to availability) at: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

During the 7-day testing period, if the LFD test result is negative, then the close contact can continue with normal activities for that day.

Other members of your household can continue with normal activities provided your child does not test positive or develop symptoms within the 7-day testing period.

Continued...



If an individual undertaking DTCC has a positive LFD test result, they should self-isolate as per [Government Guidance](#). They currently do not need to undertake a confirmatory PCR test.

Under 5s are exempt from self-isolation and do not need to take part in daily lateral flow testing, but they should limit contact with anyone who is at higher risk of severe illness if infected with COVID-19.

Close contacts who are not exempt from self-isolation should not go to work, school or public areas, and exercise should be taken within the home. Please read the stay at home guidance for more information on this.

Clinically extremely vulnerable people should be supported to minimise their contact with people identified as cases or close contacts, regardless of whether others have symptoms or not.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should self-isolate and book a PCR test as soon as possible. This can be arranged via <https://www.gov.uk/get-coronavirus-test> or by calling 119

If your child does develop COVID-19 symptoms, you can seek advice from the NHS at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

If you are concerned about your child's symptoms, or they are worsening you should contact NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

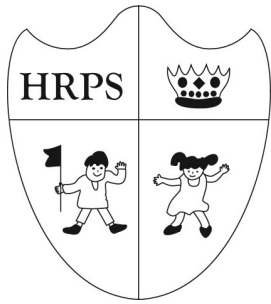
There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- get vaccinated – everyone aged 12 and over can [book COVID-19 vaccination appointments](#) now or attend a drop-in site. See <https://www.blmkccg.nhs.uk/drop-in> for clinic locations and times.
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places – and on school/public transport
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

James Edwards
Headteacher



HOUGHTON REGIS PRIMARY SCHOOL

WHERE EVERYONE MATTERS AND EVERYDAY COUNTS

NEWSLETTER

24 January 2022

NOTICE BOARD

FOOTBALL MATCH REPORT

Year 6 Boys v Hadrian Academy

On a very cold Friday afternoon last week our Year 6 Boys team, including Pele from Year 5, played well in their Cup game at Hadrian Academy. Unfortunately, despite a real push in the final minutes and a super goal from Harvey, we were unable to defeat Hadrian who won by 2 goals to 1.

Year 6 Girls v Hadrian Academy

On the same cold afternoon our Year 6 Girls team, including some Year 5s, played a friendly against Hadrian Academy. All of the girls played well. Nyah was a star in goal, and made some tremendous saves and Tilly played well in defence. Isabelle scored the goal, a super solo effort. However, Hadrian were the winners with the final score 2-1. Well done to the girls who played extremely well, some having only just joined the football team, for being brave and persevering.

Year 4 and Year 5 Girls v Tithe Farm

Congratulations to our Years 4 and 5 girls, for an amazing victory against Tithe Farm. An exciting goal from Lily-Grace resulted in a 1-0 win for our school.

Well done to all the teams, we are very proud of all you.

Mrs White and Mr Edwards

This week's Attendance Awards

KS1 - Purple - 94.43%

KS2 - Emerald- 95.38%



Word of the Week!

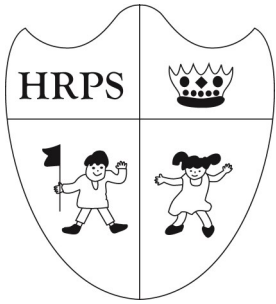
exquisite

It means: Beautiful, stunning,
gorgeous



Can you use this word in a sentence?

NURTURING EVERY CHILD, EVERY DAY



HOUGHTON REGIS PRIMARY SCHOOL

WHERE EVERYONE MATTERS AND EVERYDAY COUNTS

NEWSLETTER

24 January 2022



Danny DETERMINATION
says, "DON'T GIVE UP."

Freddie A
Darius M
Bella-Rae S
Alisia C
Nico S

Lily-Mai W
Alexia P
Evan C
Nikolah N

Kray H
Adrian F

Colin CURIOSITY says,
"THINK FOR YOURSELF."



Chloe COMMUNICATION says,
"RESPECT OTHERS."

Mia P
George T
David W
Oliver M

Alfie J
Harrison B-F
Finley F

Esmae T
Alfie S
Sullivan P

Jake C
Sandra B
Jason E

Izzy INDEPENDENCE
says, "DO YOUR BEST."



NURTURING EVERY CHILD, EVERY DAY