Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School Newsletter

Friday 22nd May 2026

Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

As we come to the end of of another exciting half-term, I would like to take a moment to reflect on the incredible journey our pupils have been on over the past weeks. It has been a term filled with opportunities for children to explore, improve their confidence and build their resilience - from educational visits and class assemblies to practising and undertaking statutory tests. I would like to thank the children for their continued efforts; our dedicated staff for their commitment and our families for their ongoing support. I look forward to sharing more successes and achievements with you all in the next half-term.

Thank you to our Nursery staff for holding our parent workshops this week, which provided opportunities for parents and carers to engage in fun-filled activities with their children. It was pleasing to see so many families join us.
After half-term, we look forward to watching assemblies for the children in Amber and Emerald classes. Please see the Summer Term Events page overleaf for more details.

Earlier this week, we held a meeting for year 5 about the residential visit to PGL taking place later in the year. Thank you to all families who attended and we look forward to ensuring your child has the best possible experience at PGL. If you require any additional information, please speak to Miss Naisby.

Our Friends of HRPS are looking forward to welcoming you and members of our local community to our Summer Fayre on Saturday 6th June. Please see the flyers attached for further information around this and spread the word. Thank you to Mrs Reid-Stavrinides and the team for their efforts and for finalising all the arrangements for this event.
On Friday 5th June, we will be holding a non-uniform day in exchange for the following items for the Summer Fayre:
Early Years & Key Stage 1 - cakes (shop bought in original packaging)
Lower Key Stage 2 - Lucky dip items, such as stationery
Upper Key Stage 2 - tombola prize - bottles, chocolates, gift sets
Thank you for your support in advance.

A gentle reminder that the trim trail on the playground is currently out of use - please ensure you keep your children safe by ensuring they are not using this equipment until it has been fixed.

Last week, children were sent home with a charity bag for Age UK. Please support this charity by sending in any items, such as: clothes (adults & children), bedding, curtains, toys, towels, books, footwear or any other items that can be donated. Filled bags will need to be returned to school by Wednesday 3rd June. Your support is greatly appreciated for this worthy cause. A huge thank you to the families who have already made donations.

After half-term, we look forward to many exciting events planned, such as: sports days, graduation, transition days, musical concerts, educational visits and performances. Please refer to the Summer Term Events page for further details.

I wish you all a restful half-term and hope you enjoy the lovely weather and more importantly, I hope you enjoy spending quality time with family and friends to make wonderful memories.

I look forward to welcoming the children back to school on Monday 1st June.

Thank you for your continued support.

Mrs R Parmar

Headteacher

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length) Leggings are not permitted
- White or grey socks
- White or grey tights
- Black school shoes

PE Days

Nursery—Monday
Reception—Wednesday
Year 1—Thursday & Friday
Year 2—Tuesday & Wednesday
Year 3—Monday & Friday
Year 4—Monday & Thursday (Yellow) Friday (Blue)
Year 5—Monday & Thursday
Year 6—Monday & Wednesday

Attendance Winners

EYFS: Ruby with 98%
Reward - Class party
KS1: Orange & Green with 96%
Reward - Class party
LKS2: Yellow with 95.4%
Reward - Popcorn/Treats
UKS2: Emerald with 98.1%
Reward - Hot chocloate
Whole School: 95%

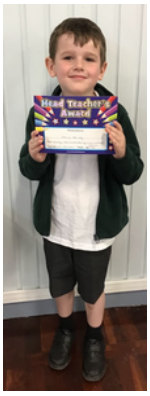
Housepoint Winners

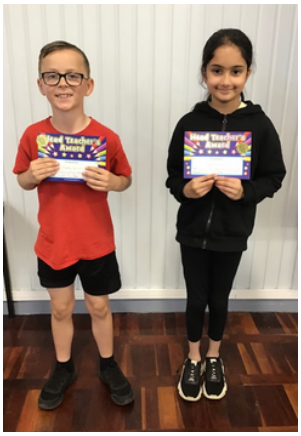
Bell - 25 points
Brunel - 23 points
Johnson & Curie - 22 points

Happiness - Independence - Excellence - Respect - Ambition

Headteacher Awards

Congratulations to the following children:
Early Years: Finley B, Mabel-Ida S, Erik R, Mason B
Years 1 & 2: Yasir A, Siya A, Arthur R, Paul DJ
Years 3 & 4: Teddy C, Ayma U, Levi U, Jaxon-Jay R
Years 5 & 6: Annabelle M, Elizabeth W, Jude M, Annabelle L





Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on www.kidzzoneclub.com

Staff Values Champion of the Week

Congratulations to Miss Rogers for... displaying the value of **Happiness** for always being a ray of sunshine to all.

Bronze Awards - 100 Dojo Points

Silver Awards - 200 Dojo Points

Gold Awards - 300 Dojo Points

Platinum Awards - 400 Dojo Points

Special Award - 500 Dojo Points

Our learning this week...

Isn't life wonderful
when you hang out with friends
when you play ~~your favourite~~
your favourite game,
when you go on holiday

Isn't life wonderful
when you get to relax
when you make new friends
when you go straight to bed

life can be amazing
all the time,
sometimes,
always.

life can be extraordinary
however you want,
however you want,
~~when~~ and wherever you want.

life is under
your rules,
your words,
and your way of living.
Isn't life such a wonder...?

Summer Term Events

Date	Time	Year Group	Event	Location
Monday 25th - Friday 29th May		All	Half-Term	
Monday 1st June		All	Children return to school	
Friday 5th June		All	Non-Uniform Day in exchange for the following: Early Years & KS1 - cakes LKS2 - Lucky dip items, such as stationery UKS2 - tombola prize - bottles, chocolates, gift sets	
Saturday 6th June	12:00–3:00pm	All	Summer Fayre - organised by Friends of HRPS. If you are able to volunteer on the day, please email Mrs R Reid-Stavrinides at: ptahrps@gmail.com	
Monday 8th June		All	School photographs for class groups and siblings. Please ensure children have their full uniform in school for their photograph.	
Monday 8th - Friday 12th June		Year 1	Phonics Screening Week	
Wednesday 10th June		Year 3	Trip to Buckingham Railway Centre	
Thursday 11th June	2:45pm	Year 5 - Amber Class	Class Assembly - parents invited	Hall
Monday 15th June			SATs Week - English	
Tuesday 16th June	9:30-11:00am	Years 1 and 2	Sports Day	Field
Tuesday 16th June	1:30-3:00pm	Years 3, 4, 5 and 6	Sports Day	Field
Wednesday 17th June	9:30-10:30am	Nursery (morning children only) and Reception	Sports Day	Field
Wednesday 17th June	1:30-2:30pm	Nursery (all day and afternoon children)	Sports Day	Field
Thursday 18th June	2:45pm	Year 5 - Emerald Class	Class Assembly - parents invited	Hall

Summer Term Events

Date	Time	Year Group	Event	Location
Monday 22nd June		Year 2	SATs Week - Maths	
Monday 22nd June	2:15-3:00pm	Reception	Reception Graduation Day	
Wednesday 24th June	1:30-2:30pm	Reception	Visit to the library	
Thursday 25th June	9:15-10:30am	Children in iRock band	iRock Summer Concert - invited parents to attend	Hall
Friday 26th June	10:00-11:30am 1:30-2:30pm	Year 2 Year 1	Visit to the library	
Tuesday 30th June		Year 1	Trip to Wardown Park Museum	
Tuesday 30th June Wednesday 1st July	All day	Year 6 children who have a place at Queensbury Academy for September	Queensbury Academy Induction Day	
Wednesday 1st July		All	Transition to start	
Week commencing 6th July	tbc	Year 6	Production (morning performance)	Hall
Week commencing 6th July	tbc	Year 6	Production (afternoon performance)	Hall
Week commencing 6th July	tbc	Year 6	Production (evening performance)	Hall
Monday 6th July	2:15-3:00pm	Nursery	Nursery Graduation Day	
Thursday 16th July	4:30-6:00pm	Year 6	Leavers' Event	
Friday 17th July	9:15am	Year 6	Leavers' Assembly	Hall
Friday 17th July		All	Last day of term—school finishes at 2:00pm. There will be no after school club on this day.	

Our Leadership Team

Headteacher
Mrs R Parmar

Assistant Headteacher—
Pastoral & Inclusion

Ms D Faure-Alexis

Assistant Headteacher—
Academic &
Lower Key Stage 2 Leader

Mr D de Gouviea-Smith

School Business
Manager

Mrs F Jones

EYFS Leader
Lead Practitioner

Miss M Davidson

Key Stage 1
Leader

Miss S Hayat

Key Stage 2
Leader

Miss E Naisby

HRPS

COME & JOIN US FOR OUR

SUMMER FAYRE

SATURDAY 6TH JUNE

HOUGHTON REGIS PRIMARY SCHOOL

12:00 - 15:00

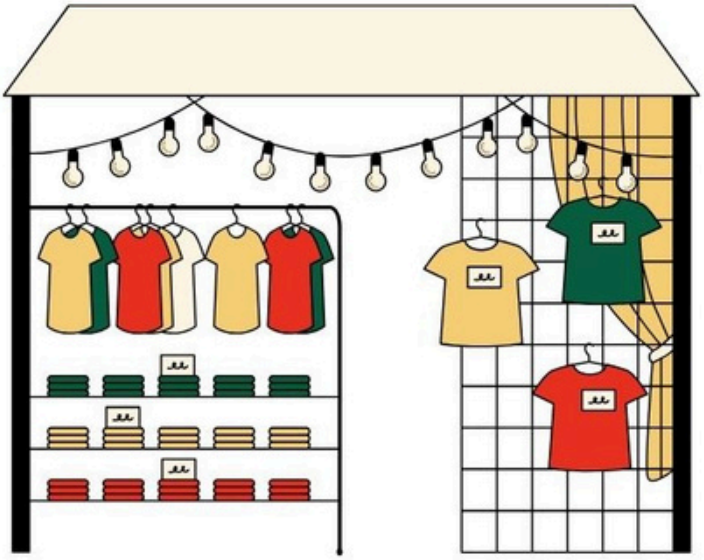
FREE ENTRY

SUMMER FAYRE

@ HOUGHTON REGIS PRIMARY SCHOOL

Local businesses wanted!

We're inviting local traders, makers, and businesses to book a stall at our School Summer Fayre, on Saturday the 6th of June 2026.



It's a great opportunity to showcase your products, meet the community, and support the school while enjoying a fun summer family event!

Spaces are limited!
Get in touch to reserve your stall...

Saturday 6th June

12:00 - 15:00

Houghton Regis Primary School, LU5 5DH

office@houghtonregisprimary.co.uk

WELCOME TO YOUR NEW SCHOOL!

You've joined a school that rocks...literally! Every week, children get to jam together in real bands with iRock School of Music. Whether they're on keys, drums, vocals or guitar, they'll learn their favourite songs and even perform live for their grown-ups to cheer them on.

But, iRock is more than music – it's about confidence, friendship and imagination. **Our youngest iRockers in Reception start their musical journey through play, rhythm and teamwork, building foundational skills whilst having fun!**

> ***It's great to see our child having the confidence to go on stage and sing. Such a proud moment and he was so chuffed with himself!***
> – Proud Parent of Reception iRocker, 2025

All About iRock

- **Band-based lessons for Reception to Year 6**
- Real instruments and music pupils love
- **Taught by expert Band Coaches in small groups**
- Bands grouped by age
- **Regular concerts and rewards**
- Exam-free Group Performance qualification awarded by RSL
- **Journey through the engaging iRock curriculum**
- Simple monthly subscription service
- **Log in to the iRock Parent Portal to view your child's progress.**

4- to 5-year-olds in a rock band...
how does that work?

At this early stage, your child is developing language, coordination and emotional awareness – all the things iRock supports naturally through music.

Being in a band is about so much more than just learning notes - the benefits of iRock help develop so many vital skills during early childhood.

Social

Children learn to take turns, share ideas, and play as a team. Listening is essential, and bandmates build empathy, situational awareness and reasoning whilst working towards a shared goal.

Language

Childrenfollow musical cues, learn new words, and grow confidence in speaking and listening. iRock builds strong language and listening foundations through music-led communication.

Motor Skills

Strumming, tapping,and pressing keysdevelop fine motor control. iRock strengthens hand coordination and muscle memory through clapping and instrument use each week.

Cognitive

Reception pupils build focusby keeping rhythm and solving musical challenges through play. iRock boosts attention spans and early reasoning in a fun, structured way that supports classroom learning.

Emotional

Playing music helps children release energy and feel proud of what they achieve. iRock builds a sense of belonging, responsibility, and joy—key emotional tools as they enter structured school life.

www.irockschool.com/enrol

FACE

May 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

School Anxiety	4 May 10am
Understanding Anger	4 May 7pm
Facing Defiance	5 May 10am
Supporting Healthy Screen Use	5 May 7pm
Cannabis and Ketamine Awareness	11 May 10am
Anxiety Explained	11 May 7pm
Introduction to OCD	12 May 10am
What is ACT?	12 May 7pm
Decreasing Depression	18 May 10am
Raising Self-Esteem	18 May 7pm
Supporting Healthy Sleep	19 May 10am
Understanding the Teenage Brain	19 May 7pm
Autism: Improving Communication	25 May 10am
Improving Family Communication	25 May 7pm
Supporting a Child with ADHD	26 May 10am
Understanding Addictive Behaviour	26 May 7pm
FREE Getting a Good Nights Sleep	**28 May 7-8pm**

Are your children eligible for benefits-based free school meals?

Central Bedfordshire great prospects

All children in Reception, Year 1 or Year 2 are entitled to free school meals referred to as 'Universal Infant Free School Meals' (UIFSM).

But any child in Reception through to Year 11 that meets the Government criteria listed below is entitled to benefits based free school meals. By claiming this, there are also other benefits available to the child and family such as access to the Holiday Activities and Food programme, providing free activities during the Easter, Summer and Christmas school holidays.

Do you receive one of the following benefits?

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- support under Part IV of the Immigration and Asylum Act 1999
- the Guarantee element of State Pension Credit
- Child Tax Credit (provided you are not also entitled to Working Tax Credit and you have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying for Working Tax Credit)

If so, your children may be entitled to benefits based free school meals. Turn over to find out how to apply.

Find us online www.centralbedfordshire.gov.uk/free-school-meals

How to apply for free school meals

If you think you meet the free school meals eligibility criteria, please call us on 0300 300 8306. When you call to apply for free school meals, please have the following information ready:

- National Insurance numbers and dates of birth for you and your par tner
- dates of birth for your children
- your NASS number, if you receive support from the National Asylum Support Service

If your child is aged 16-18 and attends a further education or sixth form college, please contact the college for information about free school meals. If your child attends a school sixth form, please contact us to apply.

As soon as we have confirmed that you qualify, we will tell your child's school that their free school meals can start from the date you apply.

Need some more advice or support? Head to your local Children's Centre for help.
Find your local centre by visiting bit.ly/familyinfodirectory

Find us online www.centralbedfordshire.gov.uk/free-school-meals