



Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School

Newsletter

Friday 19th June 2026



Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

We have had yet another busy and productive week in school, with lots of achievements to celebrate.

This week, we were notified that our school has achieved the Silver School Games Mark award for our commitment and engagement in the School Games for 2025/26! This is a great improvement from our Bronze award last year. Well done to the children and a huge thank you to Mr D and Mrs White for supporting the children and encouraging them to participate in local events.

Yesterday, the children in Emerald class performed a very inspiring assembly. They shared their work and progress over the year and confidently read poems. We were all blown away by their magnificent singing. Well done to the children for performing with pride. Thank you to Mrs Jenkins and Miss Douglas for supporting the children to achieve their very best.

Unfortunately, we had to reschedule our sports days due to the wet weather. We have planned for these to take place next week, however due to the extreme hot weather, we may have to make some adjustments to timings. We will inform you of any changes on Monday. I am mindful that many parents and carers have had to make changes to their work and other commitments and apologise in advance for any inconvenience caused.

With the increased temperatures next week, we are asking that you adhere to the following:

- Ensure your child brings a named water bottle to school every day
- Send your child in with a named sunhat that has a wide brim to avoid sunburn
- Apply sunblock or broad-band sunscreens with high sun protection factors (of at least SPF 30 and ultraviolet A (UVA) rating of 4 or more stars) to protect skin
- Children can wear their PE kits next week so they are in loose, light-coloured clothing to help keep cool

The Royal Life Saving Society (RLSS UK) has created helpful, age-appropriate guidance on how to enjoy water safely this summer, including what to do in an emergency and how to reduce risks around open water. The resources can be accessed here: <https://www.rlss.org.uk/share-summer-water-safety>.

A huge congratulations to Izzy Twining (swims for Dunstable Swim Club), who took part in a competition in Watford where she won a Bronze medal for her 50m freestyle (in 42.5 seconds!). This is a fantastic achievement - well done Izzy! Well done to Crue Osborn for receiving player of the week at his first session of his new football team! Excellent work for your first session Crue - keep up the great work! Congratulations to Aalayah Abdalla for competing in her first gymnastics competition at SALTO. She achieved 2 silver medals and came second in beam. Well done Aalayah for your great achievements!

A resident of Watling Place has raised a serious and ongoing safety issue regarding drop off and collection times. Parents and carers are routinely parking across residents' private driveways completely blocking homes. A reminder that these driveways are private property and blocking these compromises the safety of vulnerable community members. Please be respectful of residents in the local area and avoid blocking their properties when parking. Thank you for your understanding with this matter.

Next week, we are looking forward to the start of our transition. We also have several events taking place - our Reception Graduation Day, Sports Days, Visits to the Library and our iRock Summer Concert! I look forward to seeing you throughout the week.

Have a wonderful weekend and enjoy the lovely weather.

Mrs R Parmar

Headteacher

Happiness - Independence - Excellence - Respect - Ambition

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length)
- Leggings are not permitted
 - White or grey socks
 - White or grey tights
 - Black school shoes

PE Days

- Nursery—Monday
- Reception—Wednesday
- Year 1—Thursday & Friday
- Year 2—Tuesday & Wednesday
- Year 3—Monday & Friday
- Year 4—Monday & Thursday (Yellow)
- Friday (Blue)
- Year 5—Monday & Thursday
- Year 6—Monday & Wednesday

Attendance Winners

- EYFS: Gold with 94.2%
Reward - Class party
- KS1: Coral with 96.1%
Reward - Popcorn/treats
- LKS2: Yellow with 95.6%
Reward - Class party
- UKS2: Indigo with 96.8%
Reward - Popcorn/Treats
- Whole School: 94.6%

Housepoint Winners

- Bell - 24 points
- Johnson - 19 points
- Curie - 17 points
- Brunel - 16 points

Headteacher Awards

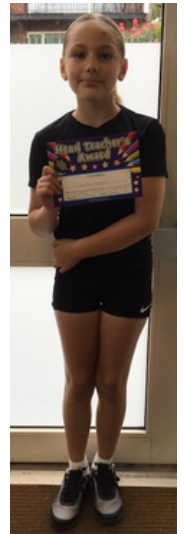
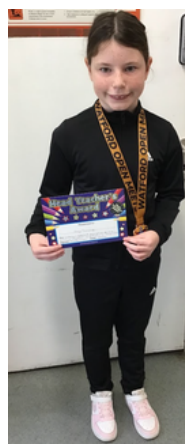
Congratulations to the following children:

Early Years: Oscar G, Zion K, Othman H, Loriarna C

Years 1 & 2: Freddie M, Talyn A, Darcie T, Bibi P

Years 3 & 4: Tattva S, Francesca K, Donya H, Lou Lou G

Years 5 & 6: Chiara P, Izzy T, Alexandra E, Maya A



Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on www.kidzzoneclub.com

Staff Values Champion of the Week

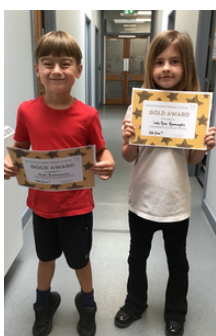
Congratulations to Mrs Boland for... displaying the value of **Excellence** for always being available and supportive, offering great advice and willing to help.



Walk your wheels

A reminder that children need to 'walk their wheels' on the school premises before school and at the end of the day. Staff patrolling the playground will be reminding children of these rules in order to keep everyone safe by preventing any accidents from happening.

Gold Awards - 300 Dojo Points



Platinum Awards - 400 Dojo Points



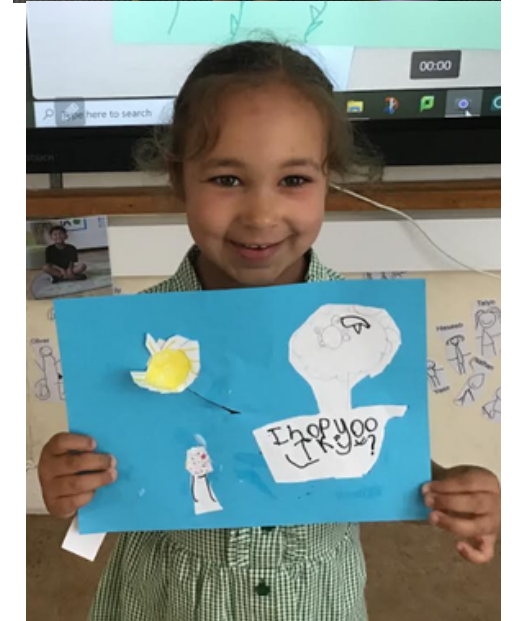
Special Award - 500 Dojo Points



Ruby Award - 600 Dojo Points



Our learning this week...



Summer Term Events

Date	Time	Year Group	Event	Location
Monday 22nd June		Year 2	SATs Week - Maths	
Monday 22nd June	9:00-11:30am	Reception to Year 5	Transition Morning	
Monday 22nd June	2:15-3:00pm	Reception	Reception Graduation Day	
Tuesday 23 rd June	9:30-11:00am	Years 1 and 2	Sports Day	Field
Tuesday 23 rd June	1:30-3:00pm	Years 3, 4, 5 and 6	Sports Day	Field
Wednesday 24 th June	9:00-11:30am	Reception to Year 5	Transition Morning	
Wednesday 24 th June	1:30-2:30pm	Reception	Visit to the library	
Thursday 25 th June	9:15-10:30am	Children in iRock band	iRock Summer Concert - invited parents to attend	Hall
Thursday 25 th June	9:30-10:30am	Nursery (morning children only) and Reception	Sports Day	Field
Thursday 25 th June	1:30pm	Nursery (all day and afternoon children)	Sports Day	Field
Friday 26 th June	10:00-11:30am 1:30-2:30pm	Year 2 Year 1	Visit to the library	

Summer Term Events

Date	Time	Year Group	Event	Location
Tuesday 30 th June		Year 1	Trip to Wardown Park Museum	
Tuesday 30 th June	All day	Year 6 children who have a place at Houstone School for September	Houstone School Induction Day	
Tuesday 30 th June	All day	Year 6 children who have a place at All Saints Academy or Queensbury Academy for September	All Saints Academy Induction Days Queensbury Academy Induction Days	
Wednesday 1 st July			7th July KS1 8th July KS2 morning Parents 2pm 9th July Parents 6pm 10th July Parents 9:30am	
Wednesday 1 st July		All	Move to new classes	
Wednesday 8 th July	2:00pm	Year 6	Production to parents and carers	Hall
Thursday 9 th July	6:00pm	Year 6	Production to parents and carers	Hall
Friday 10 th July	9:30am	Year 6	Production to parents and carers	Hall
Monday 6 th July	2:15-3:00pm	Nursery	Nursery Graduation Day	
Thursday 16 th July		All	Themed school lunch - Fifa World Cup Picnic Day	
Thursday 16 th July	4:30-6:00pm	Year 6	Leavers' Event	
Friday 17 th July	9:15am	Year 6	Leavers' Assembly	Hall
Friday 17 th July		All	Last day of term—school finishes at 2:00pm. There will be no after school club on this day.	

Our Leadership Team



Headteacher
Mrs R Parmar



Assistant Headteacher—
Pastoral & Inclusion
Ms D Faure-Alexis



Assistant Headteacher—
Academic &
Lower Key Stage 2 Leader
Mr D de Gouviea-Smith



School Business
Manager
Mrs F Jones



EYFS Leader
Lead Practitioner
Miss M Davidson



Key Stage 1
Leader
Miss S Hayat



Key Stage 2
Leader
Miss E Naisby

Parent Governor Vacancy

Are you interested in becoming involved in the strategic leadership of the school? Do you want to support the school's journey of improvement?

We have a vacancy for a parent governor and are looking for parents, grandparents or carers who want to work with school leaders enriching the Houghton Regis Primary School experience for our children.

The commitment is generally a couple of meetings a term and a couple of school visits – approximately six hours a term.

If you are interested and want to find out more, please email the Chair of Governors, Deborah Pargeter at governingbody@houghtonregisprimary.co.uk

for an informal discussion on what the role entails and how your skills and experience can support the governing body.

Friends of HRPS

What is a PTA?

PTA stands for Parent Teacher Association. Volunteer organisations like this are usually composed of parents, class reps, teachers and other school staff who come together for regular meetings to discuss the school year and upcoming events.

PTAs bridge the gap between parents, teachers and pupils, helping to build productive relationships and further ensure the school is a place where pupils can thrive.

PTAs are now established in most schools and parents enjoy working closely with teachers, creating bonds with other parents, fundraising for events, working with the local community and learning more about the curriculum.

At our school, we are known as Friends of HRPS.

What do we do?

Friends of HRPS aim to accomplish a range of things, all usually geared at making the school a better place to learn. We work together to raise money with a variety of creative events throughout the school year, encouraging the whole community to get involved.

Friends of HRPS events

In previous years, we have organised summer fetes, Santa's Christmas Grotto, discos and a sponsored walk to name a few.

Why is our role so important?

We give parents more of a voice and get them feeling involved. Parents can provide the school community with a fresh perspective and highlight any concerns in a supportive environment.

The organisations are also instrumental in providing additional opportunities for pupils by strengthening the overall school experience.

Why should you join Friends of HRPS?

Being a part of your child's school community has several benefits:

- Scheduled meetings allow parents to keep up to date with upcoming academic events and socials.
- It creates stronger relationships with staff members, where they can easily communicate expectations and standards of learning.
- It allows parents to establish relationships and network with other parents.
- Parents can support the school in creating the best environment possible for their child and other pupils, helping make a real difference.
- Friends of HRPS members can learn new skills, from fundraising and problem-solving to communication and creativity.
- As a member of Friends of HRPS, you'll be able to see measurable results and appreciate the impact of all your efforts!

Please email the Chair, Mrs R Reid-Stavrinides at: ptahrps@gmail.com if you would like to find out more information.





WELCOME TO YOUR NEW SCHOOL!

You've joined a school that rocks...literally! Every week, children get to jam together in real bands with iRock School of Music. Whether they're on keys, drums, vocals or guitar, they'll learn their favourite songs and even perform live for their grown-ups to cheer them on.

But, iRock is more than music – it's about confidence, friendship and imagination. **Our youngest iRockers in Reception start their musical journey through play, rhythm and teamwork, building foundational skills whilst having fun!**

👏 *It's great to see our child having the confidence to go on stage and sing. Such a proud moment and he was so chuffed with himself!* 🎶
– Proud Parent of Reception iRocker, 2025



All About iRock

- **Band-based lessons for Reception to Year 6**
- Real instruments and music pupils love
- **Taught by expert Band Coaches in small groups**
- Bands grouped by age
- **Regular concerts and rewards**
- Exam-free Group Performance qualification awarded by RSL
- **Journey through the engaging iRock curriculum**
- Simple monthly subscription service
- **Log in to the iRock Parent Portal to view your child's progress.**

“ 4- to 5-year-olds in a rock band... how does that work? ”

At this early stage, your child is developing language, coordination and emotional awareness – all the things iRock supports naturally through music.

Being in a band is about so much more than just learning notes - the benefits of iRock help develop so many vital skills during early childhood.

Social

Children learn to take turns, share ideas, and play as a team. Listening is essential, and bandmates build empathy, situational awareness and reasoning whilst working towards a shared goal.



Language

Children follow musical cues, learn new words, and grow confidence in speaking and listening. iRock builds strong language and listening foundations through music-led communication.



Motor Skills

Strumming, tapping, and pressing keys develop fine motor control. iRock strengthens hand coordination and muscle memory through clapping and instrument use each week.



Emotional

Playing music helps children release energy and feel proud of what they achieve. iRock builds a sense of belonging, responsibility, and joy—key emotional tools as they enter structured school life.



Cognitive

Reception pupils build focus by keeping rhythm and solving musical challenges through play. iRock boosts attention spans and early reasoning in a fun, structured way that supports classroom learning.

Are your children eligible for benefits-based free school meals?


All children in Reception, Year 1 or Year 2 are entitled to free school meals referred to as 'Universal Infant Free School Meals' (UIFSM).

But any child in Reception through to Year 11 that meets the Government criteria listed below is entitled to benefits based free school meals. By claiming this, there are also other benefits available to the child and family such as access to the Holiday Activities and Food programme, providing free activities during the Easter, Summer and Christmas school holidays.

Do you receive one of the following benefits?

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- * Income-related Employment and Support Allowance
- support under Part IV of the Immigration and Asylum Act 1999
- the Guarantee element of State Pension Credit
- Child Tax Credit (provided you are not also entitled to Working Tax Credit and you have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying for Working Tax Credit)

If so, your children may be entitled to benefits based free school meals. Turn over to find out how to apply.

Find us online  www.centralbedfordshire.gov.uk/free-school-meals

How to apply for free school meals




If you think you meet the free school meals eligibility criteria, please call us on 0300 300 8306. When you call to apply for free school meals, please have the following information ready:


- National Insurance numbers and dates of birth for you and your partner
- dates of birth for your children
- your NASS number, if you receive support from the National Asylum Support Service

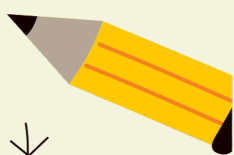
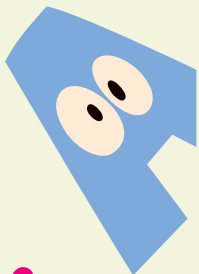
If your child is aged 16-18 and attends a further education or sixth form college, please contact the college for information about free school meals. If your child attends a school sixth form, please contact us to apply.

As soon as we have confirmed that you qualify, we will tell your child's school that their free school meals can start from the date you apply.

Need some more advice or support? Head to your local Children's Centre for help.

Find your local centre by visiting  bit.ly/familyinfodirectory

Find us online  www.centralbedfordshire.gov.uk/free-school-meals



DEVINE

FOOTBALL COACHING

DEVELOPMENT CENTRE

FOR BOYS & GIRLS



MONDAY NIGHTS

DEVELOPING PLAYERS.
BUILDING FUTURES.

TIME

5-6PM | U5-U7

6-7PM | U8-U10

7-8PM | U11-U13



DEVELOP
TECHNICALLY



BUILD CONFIDENCE
IN A POSITIVE,
FUN ENVIRONMENT



LINKS TO
GRASS ROOTS
TEAMS



LOCATION | CREASEY PARK, DUNSTABLE



07860 164156



sd3vine2729@outlook.com

NEW SCHOOL STARTERS

Meet your new classmates
and their families!

Is your child starting Primary School in September?
You and your little ones are invited to come along and
make friends with their new classmates and their
parents at Snakes and Ladders!

Dates

All sessions run 9.30am - 11.30am

Week 1	School	Promocode
10/08	Beecroft Academy	15911NH2T1
11/08	Lark Rise Academy	16011GMUCX
12/08	Hadrian Academy	161118NBHU
13/08	Watling Lower School	162119RGJ1
14/08	Dunstable Icknield Lower School	16311QPZGA
Week 2		
17/08	Houghton Regis Primary School	164115PS2Y
18/08	Lancot School	16511SH9QM
19/08	Thornhill Primary School	166116C5Z7
20/08	Tithe Farm County Primary School	16711BVYN2
21/08	Aston St. Peter's CofE Primary School	16811ZW MJ2

You'll need to show a letter from the school
confirming your child is attending from September,
on entry. Additional adults and siblings are also
welcome to join in at our normal admission charge.


Snakes & Ladders

1 FREE
Adult and
Child Entry