

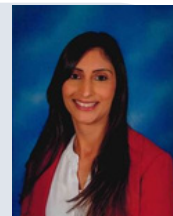


Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School

Newsletter

Friday 17th July 2026



Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

As we reach the end of the school year, I would like to take this opportunity to thank the children for their hard work and resilience. Every child has progressed in their own way and I am proud of them all.

I would also like to say a huge thank you to my outstanding team - they always go above and beyond and put the children at the forefront of everything they do. They work incredibly hard and I am grateful to have such a fantastic team.

A huge thank you to our school governors who fulfil the role as critical friends and always offer support and guidance to ensure we provide the very best for the children and staff.

I would like to extend my thanks to the Friends of HRPS, who have worked incredibly hard to organise many events for the children and raise funds so we can make improvements across the school.

Finally, thank you to you - our parents, carers and families for your ongoing support, encouragement and appreciation.

As a school, we have come so far on our journey of improvement and the progress made has been remarkable this year alone. It has been a year full of opportunities, growth and success. I am excited to celebrate the successes and achievements that we will continue to make next year.

I wish you all a very well deserved summer break - stay safe and cherish the memories you create with your family and friends.

Thank you for your continued support and I look forward to welcoming you all back to school on Wednesday 2nd September.

Mrs R Parmar

Headteacher

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length)
- Leggings are not permitted
- White or grey socks
- White or grey tights
- Black school shoes

PE Days

- Silver & Ruby—Monday
- Badger, Fox & Lemur—Thursday & Friday
- Cheetah & Puma—Monday & Friday
- Hyena & Wolf—Thursday & Friday
- Jaguar & Leopard—Tuesday & Wednesday
- Lion & Tiger—Monday & Thursday

Date	Time	Year Group	Event	Location
Tuesday 1 st September		All	INSET Day - school is closed for children	
Wednesday 2 nd September		All	Children return to school	
Tuesday 8 th September	2:45pm		AGM - Friends of HRPS	
Monday 26 th October - Friday 30 th October		All	Half-Term	
Monday 2 nd November		All	INSET Day - school is closed for children	
Tuesday 3 rd November		All	Children return to school	
Friday 18 th December		All	Last day of term—school finishes at 2:00pm. There will be no Kidz Zone after school club on this day	

Happiness - Independence - Excellence - Respect - Ambition

Parent Governor Vacancy

Are you interested in becoming involved in the strategic leadership of the school? Do you want to support the school's journey of improvement?

We have a vacancy for a parent governor and are looking for parents, grandparents or carers who want to work with school leaders enriching the Houghton Regis Primary School experience for our children.

The commitment is generally a couple of meetings a term and a couple of school visits – approximately six hours a term.

If you are interested and want to find out more, please email the Chair of Governors, Deborah Pargeter at governingbody@houghtonregisprimary.co.uk for an informal discussion on what the role entails and how your skills and experience can support the governing body.



PLACES KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2026

moneysavingcentral.co.uk/kids-eat-free



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

ASDA

Kids eat for £1 daily, with no adult spend

ASK ITALIAN

2 Kids eat free every day until Sept 6th 2026

BELLA ITALIA

Children eat free Sunday - Thursday

BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with 1 paying adult

BILLS

Kids Eat Free weekdays until September 1st 2026

BREWDOG

1 Kid eats free with 1 adult, 19th July - 31st August

CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

CHIQUITO

Kids eat free during all school holidays

COCONUT TREE

Kids eat free Mon 13th July - Sun 6th Sept

DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult meal purchase

FARMHOUSE INNS

2 Kids eat FREE this summer holidays

FLAMING GRILL PUBS

Kids eat for 88p this summer holidays

FRANKIE & BENNY'S

Kids eat FREE during school holidays

FRANCO MANCIA

Kids eat FREE school holidays Mon-Thurs

FUTURE INNS

Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

HARVESTER

Kids eat for £1 every day until Sept 1st 2026

HUNGRY HORSE

Kids eat for 88p this summer holidays

IKEA

Kids get a meal from 95p daily from 11am

LAS IGUANAS

Kids under 12 eat FREE via the App

MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

MORRISONS

Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

PIZZA HUT

Kids Eat Free Every Day after 3pm

PREMIER INN

2 kids eat for free with 1 adult breakfast

PRETO

Kids up to age 10 eat free with 1 paying adult

PREZZO

Kids up to age 12 eat for £1 during half terms

PUREZZA

Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS

Kids eat for £1 on Wednesdays

SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

TESCO

Kids eat free every day this summer with a 65p spend

TGI FRIDAYS

Kids Eat Free until 6th September (Via App)

THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

TRAVELODGE

2 kids eat for £1 with 1 adult breakfast

TOBY CARVERY

Kids eat for £1 every day until Sept 1st 2026

TURTLE BAY

Kids eat free with every £15 adult spend via app

VILLAGE HOTELS

Kids eat free 20th July - 4th Sept via the village app

WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

YO! SUSHI

Kids eat free all day (weekdays) in school holidays

ZIZZI

Kids eat free via app during school holidays

Are your children eligible for benefits-based free school meals?

Central
Bedfordshire

great
prospects

All children in Reception, Year 1 or Year 2 are entitled to free school meals referred to as 'Universal Infant Free School Meals' (UIFSM).

But any child in Reception through to Year 11 that meets the Government criteria listed below is entitled to benefits based free school meals. By claiming this, there are also other benefits available to the child and family such as access to the Holiday Activities and Food programme, providing free activities during the Easter, Summer and Christmas school holidays.

Do you receive one of the following benefits?

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- * • Income-related Employment and Support Allowance
- support under Part IV of the Immigration and Asylum Act 1999
- the Guarantee element of State Pension Credit
- Child Tax Credit (provided you are not also entitled to Working Tax Credit and you have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying for Working Tax Credit)

If so, your children may be entitled to benefits based free school meals. Turn over to find out how to apply.

Find us online



www.centralbedfordshire.gov.uk/free-school-meals

How to apply for free school meals

If you think you meet the free school meals eligibility criteria, please call us on 0300 300 8306. When you call to apply for free school meals, please have the following information ready:

- National Insurance numbers and dates of birth for you and your partner
- dates of birth for your children
- your NASS number, if you receive support from the National Asylum Support Service

If your child is aged 16-18 and attends a further education or sixth form college, please contact the college for information about free school meals. If your child attends a school sixth form, please contact us to apply.

As soon as we have confirmed that you qualify, we will tell your child's school that their free school meals can start from the date you apply.

Need some more advice or support? Head to your local Children's Centre for help.

Find your local centre by visiting  bit.ly/familyinfodirectory

Find us online  www.centralbedfordshire.gov.uk/free-school-meals

NEW SCHOOL STARTERS

**Meet your new classmates
and their families!**

*Is your child starting Primary School in September?
You and your little ones are invited to come along and
make friends with their new classmates and their
parents at Snakes and Ladders!*

Dates

All sessions run 9.30am - 11.30am

Week 1	School	Promocode
10/08	Beecroft Academy	15911NH2T1
11/08	Lark Rise Academy	16011GMUCX
12/08	Hadrian Academy	161118NBHU
13/08	Watling Lower School	162119RGJ1
14/08	Dunstable Icknield Lower School	16311QPZGA
Week 2		
17/08	Houghton Regis Primary School	164115PS2Y
18/08	Lancot School	16511SH9QM
19/08	Thornhill Primary School	166116C5Z7
20/08	Tithe Farm County Primary School	16711BVYN2
21/08	Aston St. Peter's CofE Primary School	16811ZWJ2

You'll need to show a letter from the school
confirming your child is attending from September,
on entry. Additional adults and siblings are also
welcome to join in at our normal admission charge.


Snakes & Ladders

1 FREE
Adult and
Child Entry