



Growing minds, shaping futures and inspiring lifelong learning

# Houghton Regis Primary School

## Newsletter

Friday 17th April 2026



Headteacher: Mrs R Parmar  
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

Welcome back to the Summer Term. I hope you and your families are well rested after the Easter break. For those families who celebrated a religious festival during the holidays, we extend our warmest wishes and hope you had a joyful and meaningful time with family and friends.

It has been wonderful to welcome the children back, full of energy and ready for the exciting term ahead. They have been eager to share their news and events from the Easter break with such enthusiasm.

Last term, our children took part in Global Recycling Day. They engaged in recycling activities, such as sorting rubbish, designing a recycling bin and designing posters. They learnt why recycling is important to the planet and what we can do to help. Thank you to Miss Coleman for organising this day to raise awareness and the importance of recycling.

On Tuesday, we held a year 6 SATs parent meeting ahead of their upcoming statutory tests in May. If you were unable to make this meeting, please speak to Miss Naisby or the year 6 team, who will be happy to provide relevant information for you and your child. We also held a SATs workshop for our year 6 children, which was led by representatives from the Mental Health Support Team. They focused on managing feelings, particularly with the build up to SATs. The interactive session allowed children to express their emotions and provided them with evidence-based strategies to cope. The children shared that they found this session supportive and useful. Thank you to Mrs Ali for arranging this workshop.

Yesterday, we welcomed year 1 parents to a phonics screening check workshop. Thank you to all parents who were able to attend. If you require any further information, please do not hesitate to speak to your child's class teacher.

We have a great deal to look forward to this term, from sports days and end of year productions to educational visits and transition events. This is always a busy time of year as we welcome new parents and children and prepare to say goodbye to our year 6 children. A reminder that all upcoming dates of events are overleaf on the Summer Term Events page.

Next Thursday, we look forward to welcoming parents to Purple's class assembly at 2:45pm in the hall.

Have a lovely weekend - I look forward to seeing you all on Monday.

Thank you for your continued support.

*Mrs R Parmar*

Headteacher

### Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
  - Bottle green sweatshirt or cardigan (with school logo - optional)
  - Grey trousers or grey skirt/pinafore (knee length)
- Leggings are not permitted
- White or grey socks
  - White or grey tights
  - Black school shoes

### PE Days

- Nursery—Monday
- Reception—Wednesday
- Year 1—Thursday & Friday
- Year 2—Tuesday & Wednesday
- Year 3—Monday & Friday
- Year 4—Monday & Thursday (Yellow)
- Friday (Blue)
- Year 5—Monday & Thursday
- Year 6—Monday & Wednesday

### Attendance Winners

- EYFS: Ruby with 97.1%  
Reward - Class party
- KS1: Coral with 94.4%  
Reward - Class party
- LKS2: Teal with 99.4%  
Reward - Have a fun afternoon
- UKS2: Indigo with 100%  
Reward - Wear non-school uniform on 24/4/26
- Whole School: 94.5%

### Housepoint Winners

- Congratulations to all the houses for coming joint 1<sup>st</sup>!
- Curie - 27 points
  - Bell - 26 points
  - Johnson - 23 points
  - Brunel - 22 points

Happiness - Independence - Excellence - Respect - Ambition

# Headteacher Awards

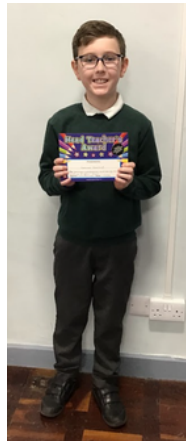
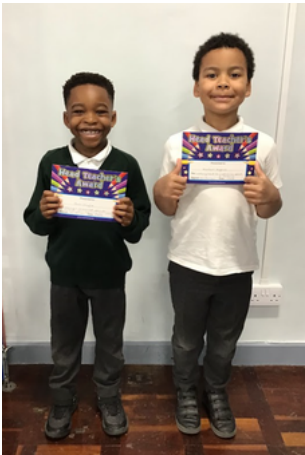
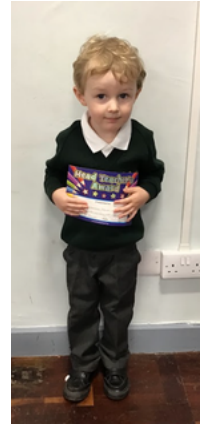
Congratulations to the following children:

Early Years: Amara A, Harrison R-W, Othman H, Marley R

Years 1 & 2: Sienna W, Luca M, Jason O, Meshach K

Years 3 & 4: Cory B, Esmae T, Amelia M, Mia C-T

Years 5 & 6: Connor D, Jude M, Diana P



## Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on [www.kidzzoneclub.com](http://www.kidzzoneclub.com)

## Walk your wheels

A reminder that children need to 'walk their wheels' on the school premises before school and at the end of the day. Staff patrolling the playground will be reminding children of these rules in order to keep everyone safe by preventing any accidents from happening.

## Staff Values Champion of the Week

Congratulations to Miss Hayat for... displaying the values of **Excellence** and **Ambition** and being a great phase leader.



## Bronze Awards - 100 Dojo Points



## Silver Awards - 200 Dojo Points



## Gold Awards - 300 Dojo Points



## Platinum Awards - 400 Dojo Points



# Our learning this week...



# Summer Term Events

| Date  | Time   | Year Group                      | Event   | Location |
|---|--------|---------------------------------|---|----------|
| Thursday 23 <sup>rd</sup> April                       |        | Year 2                          | Trip to Ashridge  |          |
| Thursday 23 <sup>rd</sup> April                       | 2:45pm | Year 1 - Purple Class           | Class Assembly - parents invited  | Hall     |
| Thursday 30 <sup>th</sup> April                       | 2:45pm | Year 1 - Coral Class            | Class Assembly - parents invited  | Hall     |
| Monday 4 <sup>th</sup> May                            |        | All                             | Early May Bank Holiday - school closed                                      |          |
| Thursday 7 <sup>th</sup> May                          | 2:45pm | Reception - Platinum Class      | Class Assembly - parents invited  | Hall     |
| Monday 11 <sup>th</sup> May                           |        | Year 6                          | Key Stage 2 SATs - English Grammar, Punctuation and Spelling Papers 1 and 2 |          |
| Tuesday 12 <sup>th</sup> May                          |        | Year 6                          | Key Stage 2 SATs - English Reading  |          |
| Wednesday 13 <sup>th</sup> May                        |        | Year 6                          | Mathematics Papers 1 and 2  |          |
| Thursday 14 <sup>th</sup> May                         |        | Year 6                          | Mathematics Paper 3   |          |
| Thursday 14 <sup>th</sup> May                         | 2:45pm | Reception - Gold Class          | Class Assembly - parents invited  | Hall     |
| Thursday 21 <sup>st</sup> May                         | 2:45pm | Nursery - Silver & Ruby Classes | Workshop - parents invited  | Hall     |
| Monday 25 <sup>th</sup> - Friday 29 <sup>th</sup> May |        | All                             | Half-Term   |          |
| Monday 1 <sup>st</sup> June                           |        | All                             | Children return to school   |          |
| Saturday 6 <sup>th</sup> June                         |        | All                             | Summer Fayre - organised by Friends of HRPS                                 |          |

## Summer Term Events

| Date  | Time                         | Year Group                   | Event   | Location |
|---|------------------------------|------------------------------|---|----------|
| Monday 8 <sup>th</sup> June                           |                              | All                          | School photographs for class groups and siblings.<br>Please ensure children have their full uniform in school for their photograph. |          |
| Monday 8 <sup>th</sup> - Friday 12 <sup>th</sup> June |                              | Year 1                       | Phonics Screening Week  |          |
| Thursday 11 <sup>th</sup> June                        | 2:45pm                       | Year 5 - Amber Class         | Class Assembly - parents invited  | Hall     |
| Monday 15 <sup>th</sup> June                          |                              | Year 2                       | SATs Week - English   |          |
| Tuesday 16 <sup>th</sup> June                         | 9:30-11:00am                 | Years 1 and 2                | Sports Day  | Field    |
| Tuesday 16 <sup>th</sup> June                         | 1:30-3:00pm                  | Years 3, 4, 5 and 6          | Sports Day  | Field    |
| Wednesday 17 <sup>th</sup> June                       | 9:30-10:30am                 | Nursery and Reception        | Sports Day  | Field    |
| Wednesday 17 <sup>th</sup> June                       | 1:30-2:30pm                  | Nursery (afternoon children) | Sports Day  | Field    |
| Thursday 18 <sup>th</sup> June                        | 2:45pm                       | Year 5 - Emerald Class       | Class Assembly - parents invited  | Hall     |
| Monday 22 <sup>nd</sup> June                          |                              | Year 2                       | SATs Week - Maths   |          |
| Monday 22 <sup>nd</sup> June                          | 2:15-3:00pm                  | Reception                    | Reception Graduation Day  |          |
| Wednesday 24 <sup>th</sup> June                       | 1:30-2:30pm                  | Reception                    | Visit to the library  |          |
| Friday 26 <sup>th</sup> June                          | 10:00-11:30am<br>1:30-2:30pm | Year 2<br>Year 1             | Visit to the library  |          |
| Tuesday 30 <sup>th</sup> June                         |                              | Year 1                       | Trip to Wardown Park Museum   |          |
| Monday 6 <sup>th</sup> July                           | 2:15-3:00pm                  | Nursery                      | Nursery Graduation Day  |          |
| Friday 17 <sup>th</sup> July                          |                              | All                          | Last day of term—school finishes at 2:00pm. There will be no after school club on this day.   |          |

# Our Leadership Team



Headteacher  
Mrs R Parmar



Assistant Headteacher—  
Pastoral & Inclusion  
Ms D Faure-Alexis



Assistant Headteacher—  
Academic &  
Lower Key Stage 2 Leader  
Mr D de Gouviea-Smith



School Business  
Manager  
Mrs F Jones



EYFS Leader  
Lead Practitioner  
Miss M Davidson



Key Stage 1  
Leader  
Miss S Hayat



Key Stage 2  
Leader  
Miss E Naisby

# Friends of HRPS

## What is a PTA?

PTA stands for Parent Teacher Association. Volunteer organisations like this are usually composed of parents, class reps, teachers and other school staff who come together for regular meetings to discuss the school year and upcoming events.

PTAs bridge the gap between parents, teachers and pupils, helping to build productive relationships and further ensure the school is a place where pupils can thrive.

PTAs are now established in most schools and parents enjoy working closely with teachers, creating bonds with other parents, fundraising for events, working with the local community and learning more about the curriculum.

At our school, we are known as Friends of HRPS.

## What do we do?

Friends of HRPS aim to accomplish a range of things, all usually geared at making the school a better place to learn. We work together to raise money with a variety of creative events throughout the school year, encouraging the whole community to get involved.

## Friends of HRPS events

In previous years, we have organised summer fetes, Santa's Christmas Grotto, discos and a sponsored walk to name a few.

## Why is our role so important?

We give parents more of a voice and get them feeling involved. Parents can provide the school community with a fresh perspective and highlight any concerns in a supportive environment.

The organisations are also instrumental in providing additional opportunities for pupils by strengthening the overall school experience.

## Why should you join Friends of HRPS?

Being a part of your child's school community has several benefits:

- Scheduled meetings allow parents to keep up to date with upcoming academic events and socials.
- It creates stronger relationships with staff members, where they can easily communicate expectations and standards of learning.
  - It allows parents to establish relationships and network with other parents.
- Parents can support the school in creating the best environment possible for their child and other pupils, helping make a real difference.
  - Friends of HRPS members can learn new skills, from fundraising and problem-solving to communication and creativity.
- As a member of Friends of HRPS, you'll be able to see measurable results and appreciate the impact of all your efforts!

**Please email the Chair, Mrs R Reid-Stavrinides at: [ptahrps@gmail.com](mailto:ptahrps@gmail.com) if you would like to find out more information.**

# EVERY SCHOOL DAY MATTERS



## Penalty Notice Fines for absence from school are changing

From 19<sup>th</sup> August 2024 Penalty Notice fines  
increase to £160 for each parent, for each child.



You can be fined if your child has  
a total of 5 days of unauthorised  
absences in 10 school weeks, for  
things like:

- being late after the register  
has closed
- truancy
- taking a holiday without  
permission from the school
- or if a headteacher isn't satisfied  
for the reason for missing school

Over a rolling 3-year period the  
sanctions are:

- 1st offence – £160 reduced  
to £80 if paid within 21 days
- 2nd offence – £160
- 3rd offence – Court hearing  
and up to £2,500 fine, or  
up to 3 months in prison  
and a criminal record

For more information go to:  
[www.centralbedfordshire.gov.uk/missing-school](http://www.centralbedfordshire.gov.uk/missing-school)



# JOIN AN iROCK BAND TODAY



There are spaces in bands at your school  
secure a spot and join the fun!

At iRock, children experience the thrill of being in a band! Led by our passionate and professional Band Coaches, our weekly 30-minute in-school band lessons are designed for pupils from from age 4 to 11.

## Music for all!

Through our partnership with **RSL Awards (Ofqual-regulated)**, a global provider of creative and performing arts qualifications, iRock offers **exam-free music qualifications** as part of our curriculum. Each week, children build their musical skills, confidence, and teamwork as they progress through iRock lessons, all within a welcoming and inclusive environment where every child feels they belong.

## Feel like a rockstar!

The excitement culminates every term in a live concert, where children perform as a band for their families and peers. These performances sit at the heart of the iRock curriculum, bringing together the skills children have developed in lessons while offering more than just a showcase; they provide an opportunity to build self-esteem, strengthen confidence, and experience the joy of accomplishment.

## Choose your instrument...



Hassle-free, rolling **monthly subscription\***



**No experience needed** and all instruments are provided



Every lesson supports progress towards music qualifications with **RSL Awards**



Parents/guardians can access our **online portal** for updates, pictures and videos



**First lesson money-back guarantee** (and you can cancel at anytime)



Start your child's  
iRock journey!

# ENROL NOW

> [www.irockschool.com/enrol](http://www.irockschool.com/enrol)

📞 0330 174 2655

✉ [info@irockschool.com](mailto:info@irockschool.com)

\*Monthly cost shown after selecting your child's school (before enrolment is confirmed).



**FREE** online talk by  
Jane Keyworth

FACE family Advice Lead Facilitator

# Decreasing Depression

23rd April 7-8pm



Book online

[www.facefamilyadvice.co.uk](http://www.facefamilyadvice.co.uk)

Parents - Live Talks page



## May 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)

Recordings available for 48 hours

|   |                     |
|---|---------------------|
| School Anxiety                          | 4 May 10am          |
| Understanding Anger                     | 4 May 7pm           |
| Facing Defiance                         | 5 May 10am          |
| Supporting Healthy Screen Use           | 5 May 7pm           |
| Cannabis and Ketamine Awareness         | 11 May 10am         |
| Anxiety Explained                       | 11 May 7pm          |
| Introduction to OCD                     | 12 May 10am         |
| What is ACT?                            | 12 May 7pm          |
| Decreasing Depression                   | 18 May 10am         |
| Raising Self-Esteem                     | 18 May 7pm          |
| Supporting Healthy Sleep                | 19 May 10am         |
| Understanding the Teenage Brain         | 19 May 7pm          |
| Autism: Improving Communication         | 25 May 10am         |
| Improving Family Communication          | 25 May 7pm          |
| Supporting a Child with ADHD            | 26 May 10am         |
| Understanding Addictive Behaviour       | 26 May 7pm          |
| <b>FREE Getting a Good Nights Sleep</b> | <b>28 May 7-8pm</b> |