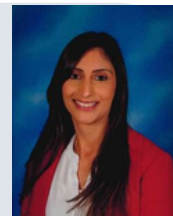




Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School Newsletter

Friday 16th October 2026



Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

As we almost reach the end of the first half-term, it is fair to say that the school has been quite busy! We are proud of how well the children have engaged in activities from external companies, workshops with parents and themed assemblies.

Well done to our children in Years 5 and 6 who engaged in Bikeability this week. They practised their riding skills on the road by using the appropriate signals. They also confidently recognised how to keep themselves safe on the road. Thank you to the team from Bikeability for supporting our children with this great skill!

The children in Year 4 enjoyed an afternoon making Rainbow Fruit Kebabs as part of their DT topic. They began by identifying hygiene rules associated with food preparation, including wearing an apron, washing hands, washing fruit and keeping a clean workspace. They then had a discussion on how freshly made, healthy snacks contain less sugar and fats than convenience snacks like crisps, biscuits and chocolate. A varied choice of fruits was available, which included: watermelon, cantaloupe melon, mango, apple, banana, kiwi fruit, pineapple, strawberries, blueberries, red and green grapes. We hope you enjoyed sharing your children's fruit kebabs! Thank you to Mrs White, Mrs Boland and all staff in Year 4 for organising this exciting activity for the children.

A huge thank you to everyone who visited the book fair. We managed to raise £750. A percentage of this amount will be allocated to us for new books.

It has been great to see our Year 5 Sports Leaders really getting into their stride, organising games and activities for other children at lunchtimes. Thank you to every single one of them - we are really proud of their leadership skills.

Thank you to our parents and carers who attended our parent workshop in Jaguar Class. They had a great time exploring how to create different tones and shading using layers of tracing paper. They experimented with overlapping layers to add depth and used coloured pencils to build up light, medium and dark tones to create a realistic red apple. We look forward to welcoming parents in Leopard Class to their workshop next Thursday at 2:30pm.

A huge thank you to our Friends of HRPS. They did an amazing job organising a fun-filled Halloween themed disco for the children. The children enjoyed dressing up and their costumes were very creative! Thank you for supporting us with this event to raise funds for making improvements to our school.

Next week, we are holding our first intra-house competition of the year. This is a competition that takes place every half-term between our four houses. This half-term, the theme is based around a sports quiz, which will be devised by our year 6 children. We will announce the winning house at the end of the week.

A reminder that applications for secondary schools need to be submitted to the Local Authority by 31st October. If your child will be starting school (Reception) in September 2027, applications for a school place need to be submitted by 15th January 2027.

As the weather turns wet and colder, please ensure children are coming to school with a coat and other warm items of clothing. A reminder that these must be clearly labelled with the child's name and class. We find many unnamed items in lost property, which makes it difficult to return to the correct child.

Wishing you a restful weekend—I look forward to seeing you all next week.

Mrs R Parmar

Headteacher

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length)
- Leggings are not permitted
- White or grey socks
- White or grey tights
- Black school shoes

PE Days

Hedgehog - Monday
Otter & Meerkat - Wednesday
Badger, Fox & Lemur—Thursday & Friday
Cheetah & Puma—Monday & Friday
Hyena & Wolf—Thursday & Friday
Jaguar & Leopard—Tuesday & Wednesday
Lion & Tiger—Monday & Thursday

Attendance Winners

EYFS: Otter with 99.5%
Reward - Class party
KS1: Lemur with 97.1%
Reward - Golden time
LKS2: Wolf with 100%
Reward - Art afternoon
UKS2: Lion with 100%
Reward - Class party
Whole School: 96.7%

House Names

Here is a reminder of our STEM themed house names and colours:

Scientist – Marie Curie
Technologist – Alexander Graham Bell
Engineer – Isambard Kingdom Brunel
Mathematician – Katherine Johnson

Happiness - Independence - Excellence - Respect - Ambition

Extra-Curricular Achievements

Congratulations to Abigail Pedro for taking part in the 'New Scientist Live' event at Excel London. She showed enormous curiosity and openness to try new things. Abigail performed DNA extraction from strawberries, created her own battery, obtained microbiological samples from phones and from one of her sister's toys (results are pending). She truly enjoyed herself and we are all very proud of her.

Well done Abigail!



Congratulations to Ellie Smith in Year 6 for achieving Stage 8 in her swimming. We are proud of your efforts.

Well done Ellie!



Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on www.kidzzzoneclub.com

Walk your wheels

A reminder that children need to 'walk their wheels' on the school premises before school and at the end of the day. Staff patrolling the playground will be reminding children of these rules in order to keep everyone safe by preventing any accidents from happening.

Staff Values Champion of the Week

Congratulations to Mrs Douglas for showing the value of **Happiness** by always smiling and singing. She makes everyone feel valued and part of a team.



HOUGHTON REGIS PRIMARY SCHOOL

Is your child starting school in 2027? Why not visit us to hear about what we offer.

Reception tours



WB: 12th October 2026



9.30am



WB: 16th November 2026



9.30am

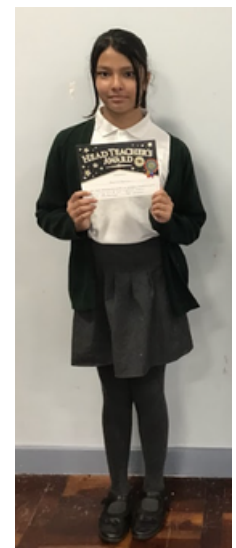
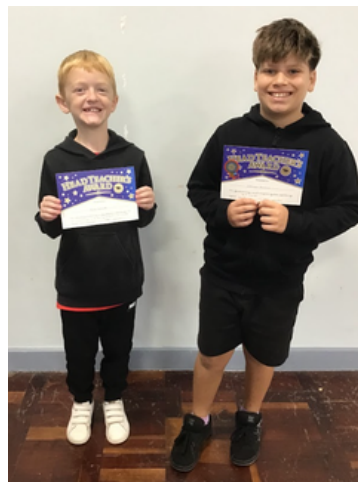
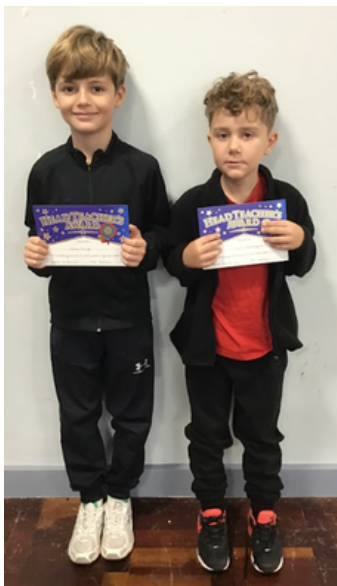
Call now to book 01582 867487



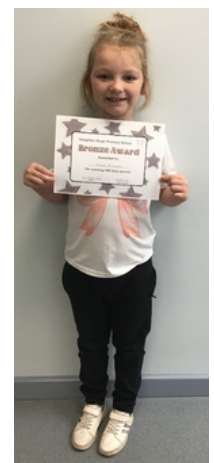
Headteacher Awards

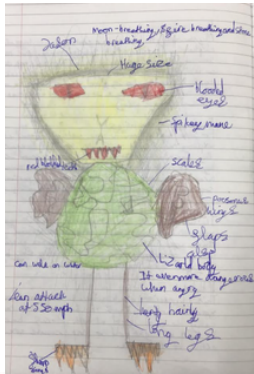
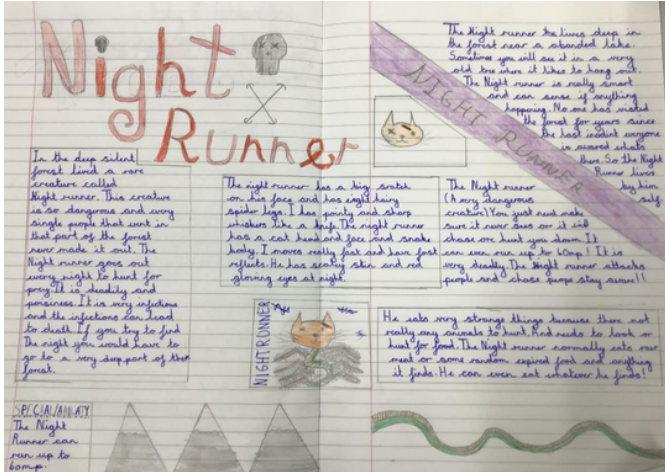
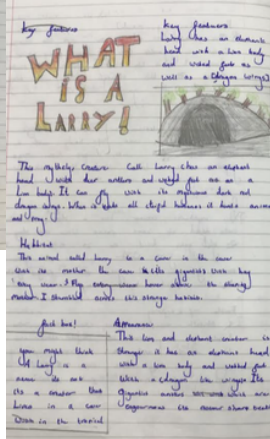
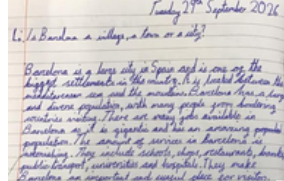
Congratulations to the following children:

Reception: Noah T, Adam C
Years 1 & 2: Ayla R, Yannis K, Soraiya T
Years 3 & 4: Milan Z, Logan S, Jude E, Sameer D
Years 5 & 6: Olivia G, Soraiya N, Zaima Z, Jack H



Bronze Awards - 100 Dojo Points





Autumn Term Events

Date	Time	Year Group	Event	Location
Monday 19 th October - Friday 23 rd October		Year 6	Residential Trip	
Thursday 22 nd October	2:30pm	Year 5 - Leopard Class	Parent Workshop	Hall
Monday 26 th October - Friday 30 th October		All	Half-Term	
Monday 2 nd November		All	INSET Day - school is closed for children	
Tuesday 3 rd November		All	Children return to school	
Monday 9 th November	4:00-7:00pm	All	Parent Consultation Evening	
Thursday 12 th November	2:30pm	Year 4 - Wolf Class	Parent Workshop	Hall
Thursday 12 th November	3:45-5:45pm	All	Parent Consultation Evening	
Monday 16 th November - Friday 20 th November	9:30am	Nursery	School tours for families whose children will be starting Reception in September 2027. Please call the school office on 01582 867487 to book an appointment.	
Thursday 19 th November	2:30pm	Year 4 - Hyena Class	Parent Workshop	Hall
Thursday 26 th November	2:30pm	Year 3 - Puma Class	Parent Workshop	Hall
Thursday 3 rd December	2:30pm	Year 3 - Cheetah Class	Parent Workshop	Hall
Monday 7 th December	2:00pm	Reception	Nativity	Hall
Tuesday 8 th December	9:15am	Reception	Nativity	Hall
Wednesday 9 th December	9:15am	Nursery	Morning children - Jingle & Mingle	Hall
Wednesday 9 th December	2:30pm	Nursery	Afternoon & All Day Children - Jingle & Mingle	Hall
Tuesday 15 th December	1:00-3:00pm	Years 1 & 2	Christmas Carol Concert	All Saints' Parish Church
Friday 18 th December	2:00pm	All	Last day of term—school finishes at 2:00pm. There will be no Kidz Zone after school club on this day	

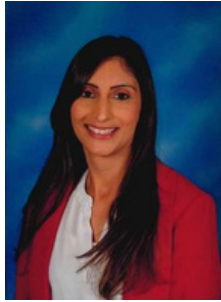
Spring Term Events

Date	Time	Year Group	Event	Location
Monday 4 th January		All	INSET Day - school is closed for children	
Tuesday 5 th January		All	Children return to school	
Thursday 14 th January	2:30pm	Years 1 & 2 - Badger Class	Parent Workshop	Hall
Thursday 21 st January	2:30pm	Years 1 & 2 - Fox Class	Parent Workshop	Hall
Thursday 28 th January	2:30pm	Years 1 & 2 - Lemur Class	Parent Workshop	Hall
Thursday 4 th February	2:30pm	Reception - Otter Class	Parent Workshop	Hall
Thursday 11 th February	2:30pm	Reception - Meerkat Class	Parent Workshop	Hall
Monday 15 th February- Friday 19 th February		All	Half-Term	
Monday 22 nd February		All	Children return to school	

School Clubs

Day	Time	Club	Year groups	Staff	Start date	End date	Collection/ Drop off
Tuesday	8:00-8:45am	Art	3-6	Mrs Boland	15 th September	8 th December	Wolf Class
Wednesday	8:00-8:45am	Lego	1-6	Miss Hayat	16 th September	9 th December	Badger Class
Wednesday	8:00-8:45am	TTRockstars	1-6	Miss Davidson	16 th September	9 th December	Yellow gate leading to Reception from the main playground
Wednesday	8:00-8:45am	Book	1-6	Mrs Everitt	16 th September	9 th December	Fox Class
Wednesday	3:15-4:00pm	Girls' Football	3-6	Mrs White	16 th September	9 th December	Gate near gazebo
Thursday	8:00-8:45am	Board Games	1-6	Mrs Parmar	17 th September	10 th December	Main office
Thursday	3:15-4:00pm	Cooking Group 1	3-6	Mrs Zarrouq	17 th September	22 nd October	Lion Class
Thursday	3:15-4:00pm	Cooking Group 2	3-6	Mrs Zarrouq	5 th November	10 th December	Lion Class

Our Leadership Team



Headteacher

Mrs R Parmar



Deputy Headteacher

Mr S English



Assistant
Headteacher—
Pastoral &
Inclusion

Ms D Faure-Alexis



Assistant
Headteacher—
Academic &
Lower Key
Stage 2 Leader

Mr D de
Gouviea-Smith



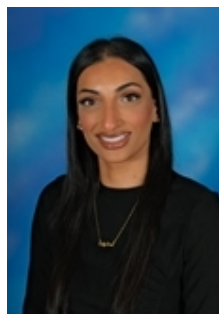
School Business
Manager

Mrs F Jones



EYFS Leader
Lead Practitioner

Miss M Davidson



Key Stage 1
Leader

Miss S Hayat



Key Stage 2
Leader

Miss E Naisby

Transfer to Secondary/ Upper 2027

Central
Bedfordshire



Is your child due to start Secondary/
Upper school in September 2027?

Then you need to apply for a school place by 31 October 2026.

 **Apply online at** www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting
School Admissions  admissions@centralbedfordshire.gov.uk  **0300 300 8000**

A great place to live and work.

Transfer to Starting School 2027

Central
Bedfordshire



Beaundesert Lower School, Lewis Turner, AGE 8



Scan here
to apply

**Was your child born between
1 September 2022 and 31 August 2023?**

They will start school in September 2027, so you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

ONLINE TRAINING AND EVENTS *AUTUMN TERM*

SAVE THE DATE

**29TH
SEPT
2026**

**ADD-vance Tips and Tools for
Positive Behaviour**

29/09/2026

12:00 pm - 1:30pm



**2ND AND
9TH OCT
2026**

**PDA Society - PDA for Parent Carers
(2 sessions- Need to attend both)**

02/10/2026 and 09/10/2026

9:30 am -12:15 pm



**21ST
OCT
2026**

Biggleswade Roadshow (Inperson)

21/10/26 10:00 am-12:00 pm

No booking needed, free to drop in
and talk to range of professionals



Booking Details

Details about how to book coming soon.
Remember to join SNAP PCF and to check
your emails for updates.

ADD-vance
The ADHD and Autism Trust

Add -vance sessions are recorded and available to watch for 7
days after to those booked/attending the session.



FREE

www.snappcf.org.uk

**SAVE
the DATE**

DEVINE

FOOTBALL COACHING

DEVELOPMENT CENTRE

FOR BOYS & GIRLS



MONDAY NIGHTS

DEVELOPING PLAYERS.
BUILDING FUTURES.

TIME

5-6PM | U5-U7

6-7PM | U8-U10

7-8PM | U11-U13



DEVELOP
TECHNICALLY



BUILD CONFIDENCE
IN A POSITIVE,
FUN ENVIRONMENT



LINKS TO
GRASS ROOTS
TEAMS



LOCATION | CREASEY PARK, DUNSTABLE



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