Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School Newsletter

Friday 13th November 2026



Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter
Safeguarding Governor: Mrs L Phillips

Dear Parents, Carers & Children,

This week has been very busy with various events and activities taking place throughout the school. In Early Years, I spoke to the children about Diwali and the meaning behind this festival for the Hindu and Sikh communities. They made some beautiful diva lamps, which they will be bringing home today along with a tealight candle.

We all observed a two minute silence on Armistice Day to commemorate the service and sacrifices that armed forces make. Mrs White and Mrs Pylik-Fornal attended the local Remembrance Service with the Head Boy & Girl and the Deputy Head Boy & Girl, where they laid a wreath on the Memorial Stone.

A reminder that we are inviting all children and staff to wear odd socks on Monday to mark the start of Anti-Bullying Week. In readiness for this, we held our Anti-Bullying workshops earlier this week, provided by an external company. They engaged children in the younger years with an interactive performance and held interactive workshops for children in Key Stage 2. They delivered key messages around:

- healthy, respectful and kind friendships
- online safety and awareness
- being safe and general wellbeing
- how to seek support

Thank you to all parents and carers who were able to attend our Parent Consultation Evenings this week. If you were unable to attend, please contact your child's class teacher to make an appointment.

We are holding a Black, Asian and Minority ethnic week starting on Monday 23rd November to celebrate the histories, cultures and contributions from various communities. Our whole school theme is 'People who Changed the World' and each year group will be exploring a different focus by researching extraordinary individuals, their achievements and the impact they have had. On Friday 27th November at 3pm, we will be inviting parents to visit their child's class to view their work produced throughout the week. Thank you to Mrs Zarrouq for planning this inspiring week for the children! We look forward to sharing their successes with you.

A huge thank you to all our families for your generous donations - so far, we have raised a total of £367, exceeding our target of £200! Thank you to Mrs Everitt and our School Parliament for raising awareness for this charity. If you have not yet made a donation, you can still do so on our JustGiving page on https://challenge.bbcchildreninneed.co.uk/fundraising/houghton-regis-primary-school or you can scan the QR code below.

Our next parent workshop will be held on Thursday 19th November for parents and carers in Hyena Class. We look forward to seeing you there!

If your child will be starting school (Reception) in September 2027, applications for a school place need to be submitted by 15th January 2027. We are hosting school tours for parents who are interested in applying for a place at our school next week. Please contact the school if you would like to book a place.

I look forward to seeing you on Monday.

Mrs R Parmar

Headteacher

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length)

Leggings are not permitted

- White or grey socks
- White or grey tights
- Black school shoes

PE Days

Hedgehog - Monday
Otter & Meerkat - Wednesday
Badger, Fox & Lemur—Thursday & Friday
Cheetah & Puma—Monday & Friday
Hyena & Wolf—Thursday & Friday
Jaguar & Leopard—Tuesday & Wednesday
Lion & Tiger—Monday & Thursday

Attendance Winners

EYFS: Otter with 100%
EYFS: Meerkat with 100%
Reward - Class party
KS1: Lemur with 99.3%
Reward - Fun afternoon
LKS2: Hyena with 99.5%
Reward - Hot chocolate
UKS2: Tiger with 99.3%
Reward - Class party
Whole School: 96.7%

Children in Need Donation Page

Happiness - Independence - Excellence - Respect - Ambition

HRPS

Houghton Regis Primary School

The Houghton Ten



Sleeping under the stars



Visit a place of worship



Cook a meal



Be a Scientist



Care for an animal



Care for the community



Shakespeare Week



Culture share



Be the author



Build a business

Remembrance Service

On Wednesday, Mrs White and Mrs Pylik-Fornal accompanied our Head Girl, Head Boy and the Deputy Head Boy and Girl to the Memorial Stone on Houghton Regis Green. The children were very dignified whilst observing the two minutes' silence. It was a very moving and reflective time with dignitaries, community leaders and local residents joining the service.





Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on www.kidzzoneclub.com

Walk your wheels

A reminder that children need to 'walk their wheels' on the school premises before school and at the end of the day. Staff patrolling the playground will be reminding children of these rules in order to keep everyone safe by preventing any accidents from happening.

Staff Values Champion of the Week

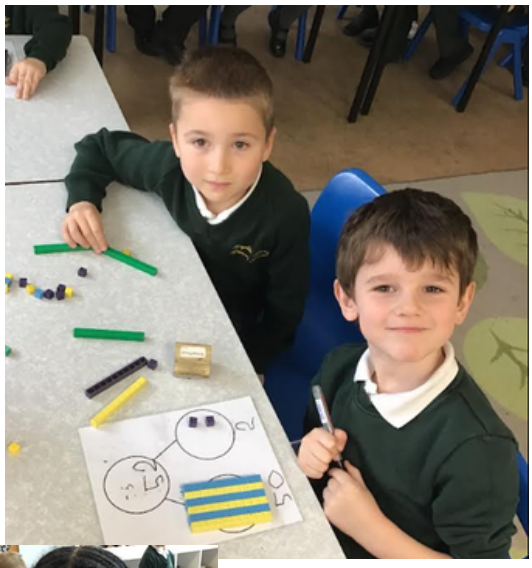
Congratulations to Miss Premkumar for showing the value of **Ambition** by challenging herself to achieve her first aid qualification.

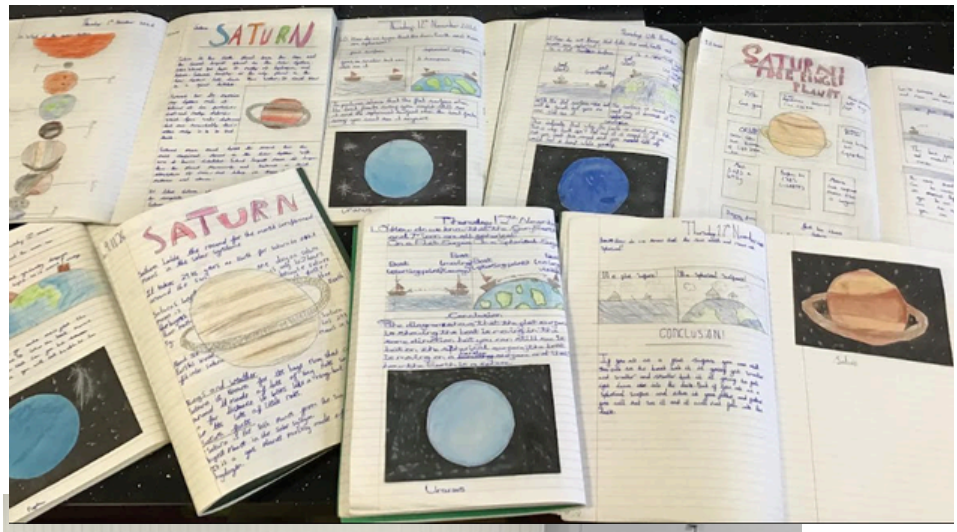




Our learning this week...























Autumn Term Events

Date	Time	Year Group	Event	Location
Monday 16th November		All	Odd Socks Day to mark the start of Anti-Bullying Week —children and staff are invited to wear odd socks.	
Monday 16th November - Friday 20th November	9:30am	Nursery	School tours for families whose children will be starting Reception in September 2027. Please call the school office on 01582 867487 to book an appointment.	
Thursday 19th November	2:30pm	Year 4 - Hyena Class	Parent Workshop	Hall
Monday 23rd November		All	Black, Asian and Minority Week - 'People who Changed the World'	
Thursday 26th November	2:30pm	Year 3 - Puma Class	Parent Workshop	Hall
Friday 27th November	3:00pm	All	Open Classrooms - parents are invited to their child's class to view their work.	Classrooms
Thursday 3rd December	2:30pm	Year 3 - Cheetah Class	Parent Workshop	Hall
Monday 7th December	2:15pm	Reception	Nativity	Hall
Tuesday 8th December	9:15am	Reception	Nativity	Hall
Wednesday 9th December	9:15am	Nursery	Morning children - Jingle & Mingle	Hall
Wednesday 9th December	2:30pm	Nursery	Afternoon & All Day Children - Jingle & Mingle	Hall
Tuesday 15th December	1:00-3:00pm	Years 1 & 2	Christmas Carol Concert	All Saints' Parish Church
Wednesday 16th December		All	Christmas Dinner & Jumper Day—children are invited to wear a Christmas jumper with their school uniform	
Friday 18th December	2:00pm	All	Last day of term—school finishes at 2:00pm. There will be no Kidz Zone after school club on this day	

Spring Term Events

Date	Time	Year Group	Event	Location
Monday 4th January		All	INSET Day - school is closed for children	
Tuesday 5th January		All	Children return to school	
Thursday 14th January	2:30pm	Years 1 & 2 - Badger Class	Parent Workshop	Hall
Thursday 21st January	2:30pm	Years 1 & 2 - Fox Class	Parent Workshop	Hall
Thursday 28th January	2:30pm	Years 1 &2 - Lemur Class	Parent Workshop	Hall
Thursday 4th February	2:30pm	Reception - Otter Class	Parent Workshop	Hall
Thursday 11th February	2:30pm	Reception - Meerkat Class	Parent Workshop	Hall
Monday 15th February- Friday 19th February		All	Half-Term	
Monday 22nd February		All	Children return to school	

School Clubs

Day	Time	Club	Year groups	Staff	Start date	End date	Collection/ Drop off
Tuesday	8:00-8:45am	Art	3-6	Mrs Boland	15th September	8th December	Wolf Class
Wednesday	8:00-8:45am	Lego	1-6	Miss Hayat	16th September	9th December	Badger Class
Wednesday	8:00-8:45am	TTRockstars	1-6	Miss Davidson	16th September	9th December	Yellow gate leading to Reception from the main playground
Wednesday	8:00-8:45am	Book	1-6	Mrs Everitt	16th September	9th December	Fox Class
Wednesday	3:15-4:00pm	Girls' Football	3-6	Mrs White	16th September	9th December	Gate near gazebo
Thursday	8:00-8:45am	Board Games	1-6	Mrs Parmar	17th September	10th December	Main office
Thursday	3:15-4:00pm	Cooking Group 2	3-6	Mrs Zarrouq	5th November	10th December	Lion Class

Our Leadership Team



Headteacher

Mrs R Parmar



Deputy Headteacher

Mr S English



Assistant Headteacher— Pastoral & Inclusion

Ms D Faure-Alexis



Assistant Headteacher— Academic & Lower Key Stage 2 Leader

Mr D de Gouviea-Smith



School Business Manager

Mrs F Jones



EYFS Leader
Lead Practitioner

Miss M Davidson



Key Stage 1 Leader

Miss S Hayat



Key Stage 2 Leader

Miss E Naisby

HCL

CHRISTMAS LUNCH DEC 7-18

MAIN MENU

Sliced Turkey Breast
with Chipolata Sausage
Sage & Onion Stuffing
Gravy

or

Vegetable Wellington (v)
Sage & Onion Stuffing
Gravy

or

Christmas Squash & Bean Loaded Roasties (Ve) (Free From*)

SERVED WITH

Roast Potatoes with a choice of Seasonal Vegetables

DESSERT

Choice of Christmas Dessert

@hclcatering

www.hcl.co.uk

*Menus are subject to change due to supplier stock availability | 1. Veg Wellington Standard

Transfer to Starting School 2027



Beaudesert Lower School, Lewis Turner, AGE 8

Scan here to apply

Was your child born between 1 September 2022 and 31 August 2023?

They will start school in September 2027, so you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions **admissions@centralbedfordshire.gov.uk** **0300 300 8000**

A great place to live and work.

DEVINE

FOOTBALL COACHING

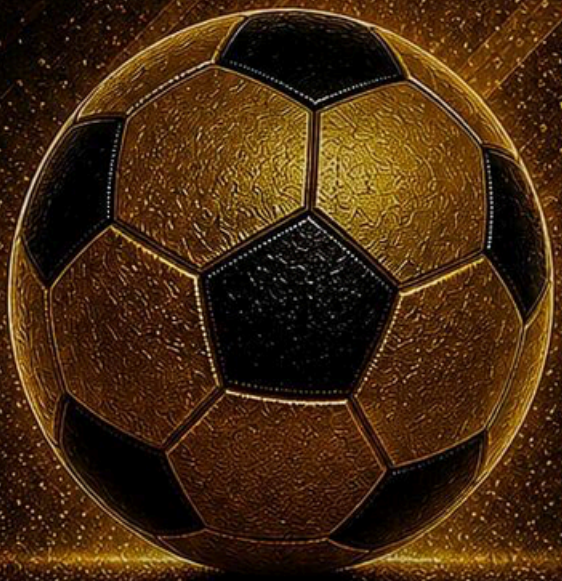
DEVELOPMENT CENTRE

FOR BOYS & GIRLS

DEVINE FOOTBALL COACHING

MONDAY NIGHTS

DEVELOPING PLAYERS.
BUILDING FUTURES.



TIME	
5-6PM	U5-U7
6-7PM	U8-U10
7-8PM	U11-U13

DEVELOP TECHNICALLY

BUILD CONFIDENCE IN A POSITIVE, FUN ENVIRONMENT

LINKS TO GRASS ROOTS TEAMS

LOCATION | CREASEY PARK, DUNSTABLE

07860 164156 | sd3vine2729@outlook.com

NOT MY CHILD

A PARENT'S GUIDE TO:

* EXPLOITATION
* KNIFE CRIME
* COUNTY LINES

6:00PM - 9:00PM
THURS 19 NOV 2026
STOPSLEY HIGH SCHOOL
LUTON - LU2 7UX

BOOK YOUR TICKET

BEDFORDSHIRE POLICE

VEPP BEDFORDSHIRE VIOLENCE & EXPLOITATION PREVENTION PARTNERSHIP

Luton

calling all parents & carers!

join us for a free event aimed at raising awareness and equipping you with the knowledge to protect your children from exploitation, knife crime, & county lines.

WHY ATTEND?

- **HEAR REALSTORIES:** Hear lived experiences from parents whose children have sadly fallen victim to such crimes
- **RECOGNISE THE SIGNS:** Learn how to spot the early warning signs that your child is being exploited
- **EXPERT ADVICE:** Get practical advice on what to do if you have concerns about your child's safety
- **SUPPORT NETWORKS:** Connect with organisations that can o er further support and guidance

ANY YOUNG PERSON CAN BE A VICTIM OF THESE CRIMES. IT'S CRUCIAL THAT PARENTS AND CARERS HAVE THE KNOWLEDGE TO IDENTIFY THE SIGNS AND KNOW WHERE TO TURN FOR HELP.



BOOK YOUR TICKET

Luton

VEPP BEDFORDSHIRE VIOLENCE & EXPLOITATION PREVENTION PARTNERSHIP

BEDFORDSHIRE POLICE

CHRISTMAS LIGHT SWITCH ON

& CHRISTMAS MARKET

Join us for a festive afternoon and evening in Houghton Regis!

SATURDAY 5TH DECEMBER



Christmas Market

12 noon – 4:30pm

📍 Indoor Atrium, Bedford Square

Browse a wonderful selection of festive stalls and find some perfect Christmas gifts and treats.



Christmas Light Switch-On

6:00pm

📍 Bedford Square

Join us as we officially switch on the Christmas lights and celebrate the start of the festive season!

www.houghtonregis-tc.gov.uk 01582 708540

From Santa's Office

To All the Children of Houghton Regis,

NORTH POLE POST OFFICE

I've heard you've all been very good this year, so with the help of Houghton Regis Town Council, I have something extra special planned—a magical spot right in the heart of the town where I can see all of you together!

I'm preparing your surprise gift's for every child with the elves! You might hear my sleigh when I arrive! I look forward to seeing you all!

SATURDAY 12TH DECEMBER 2026

Houghton Regis Library
10am - 2pm



Also my elves will also have on:

a few Christmas market stalls & Christmas activities outside the library

Don't forget to leave some cookies and milk for me on Christmas Eve I love them!

Ho! Ho! Ho!

Santa Claus

www.houghtonregis-tc.gov.uk