# Houghton Regis

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NEWSLETTER

**Dear Parents and Carers** 

Happy New Year to all of our school community!

The children have settled well into the spring term and have been enthused by their new topics.

# SchoolMoney and SchoolGrid – Reminders

If you are struggling to log into your School Money or SchoolGrid account, the school office will be more than happy to assist. You will need to bring your phone with you to enable them to help. Please note that we are not able to accept cash payment. Should you be experiencing financial difficulty, please come to the school office.

Please can we ask that you log in to your account and pay outstanding invoices.

# Year 6- National Measurement Programme, Tuesday 16 Janauary 2024

The School Nursing Service routinely visits schools as part of the Healthy Child Programme and to support with the National Child Measurement Programme. The team will measure your child's height and weight. You will be informed of the results of the measurements and these will be recorded onto your child's electronic health records, which can be seen by your GP and other health professionals, such as the audiology service.

If you do not want your child to be screened there will be an opportunity for you to opt out once registered on the portal, otherwise School Nurse Team will assume you are happy for your child to be screened.

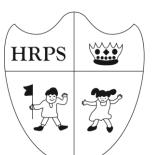
Therefore please note if you do nothing your child will be measured in accordance with government policy.

# 'Fun Food taster day'

On Thursday, 18 January there will be a special lunch menu.

Please choose your child's favourite option on the School Grid.







St Michaels Avenue Houghton Regis Dunstable Beds LU5 5DH

12 January 2024

# Message from Chris Rowe- UKTI Martial Arts (Taekwondo)

What we offer to your school...

We teach MORE than just kicking and punching!

- Our Organisation offers lifesaving skills to every age group.
- We focus significantly on Anti-Bullying.
- Stranger Danger Awareness.
- Character Building.
- We teach Self-Defence for life threatening situations.
- We aim to build Self-Confidence.



- Children in need of an emotional lift? Our Organisation targets Stress Relief.
- Professional Discipline which will prepare the pupils moving up to higher education & also it will contribute in developing one's life skills.
- We teach how to defend by using the opponents force against themselves.
- Our methods of teaching are martial arts with play so the pupils can enjoy themselves while learning self-defence at the same time in a safe environment!

How it works...

We accept all ages from 4 Years old & above & We offer to teach one class per week: Monday's (2:30pm – 3:00pm)"

I would like to take this opportunity to wish everyone a wonderful weekend.

Kind regards

Mr James Edwards

Headteacher













# School Admissions 2024

Central Bedfordshire Council have produced a booklet to help you with applying for your child's school place for 2024. The following link will take you to the booklet https://www.centralbedfordshire.gov.uk/info/5/school\_admissions

The national closing dates for applications to be received by the School Admissions Team are:

# 15 January 2024

- Starting School 2024
- Transfer to Middle 2024

# Free school meals

If you think you meet the free school meals eligibility criteria, please call the Local Authority on 0300 300 8306. When you call to apply for free school meals, please have the following information ready:

- National Insurance numbers and dates of birth for you and your partner
- Dates of birth for your children
- If you receive support from the National Asylum Support Service, your NASS number

If your application is successful, please contact the school office to confirm this to enable us to update our records to reflect this.













UPCOMING EVENTS				
Event	Year groups involved	Date		
Year 6- Heights & Weights	Y6	Tuesday, 16 January 2024		
Giselle Ballet at The Coliseum	Y3-6	Thursday, 18 January 2024		
A.I.M. High Maths Day at Whitefield Primary Academy	Y4	Friday, 26 January 2024		
Tring Natural History Museum trip	Y4	Tuesday, 30 January 2024		

# This week's Attendance Awards

Reception/KS1 Prince Louis– Orange 95.6%

Lower KS2 Princess Charlotte – Red 98.9%

Upper KS2 Prince George– Elizabeth 96.6%







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Values-based Education









# Star Awards

Danny DETERMINATION says, "DON'T GIVE UP."	Colin CURIOSITY says, "THINK FOR YOURSELF."	Chloe COMMUNICATION says, "RESPECT OTHERS."	Izzy INDEPENDENCE says, "DO YOUR BEST."
Рорру Т	Lilah M	Tia J	Maria C
Floeda M	Ellie S	Adam B	Thomas T
Amelia M	Hanna C	Isobel B	Freya D
Lilly S	Nevaeh G	Clayton G	Jack O
Franky-Ray R-S	Alex P		Nicholas S
Ella B			Scarlett-Mae B
Alexia P			Safa A
Thomas P			Moses K
Danyaal H			Harry F
			Marcus S
			Elliott A





Eco-Schools









# What Parents & Carers Need to Know about

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an in it is needed. This auide focuses on one of many platforms which we believe trusted adults should be aware of. Plea

#### WHAT ARE THE RISKS?

The Walt Disney Company's streaming service, Disney+ combines entertainment from the famous animation studio itself with Pixar, Star and National Geographic, plus the Marvel and Star Wars franchises. With access to the latest releases, Disney classics and original series, there's plenty of content to explore. While parents may have noted that adverts have now been introduced on some versions of the service, the platform is – unsurprisingly for a Disney product – designed to be appropriate for the whole family.

#### LESS SUITABLE CONTENT

D@\*#! While Disney+ is predominantly family friendly, there are some movies and shows in its library which are aimed at an older audience: these may scare younger ones or contain themes or language that you'd rather your child wasn't exposed to. You could avoid such situations by enabling Junior Mode (see 'Adjust content settings', below) or specifying a content age rating for your child's profile.

# BINGE WATCHING

With the option to view content on any internet-enabled device and a growing catalogue of movies, cartoons and documentaries, Disney+ can make managing screen time difficult. This could result in children binge watching content, distracting them from activities like homework or socialising. Too much screen time has also been shown to negatively impact mood, sleep patterns and weight.

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### PHISHING EMAILS

Be especially cautious if you receive emails or text messages purporting to be from Disney+. There have been numerous reports of online scammers impersonating Disney+ staff in an attempt to gain access to subscribers' personal information. Disney+ states it will never email or call customers asking for their payment details, their private information or their password.

# Disney+ has introduced a new subscription package – Disney+ Standard with Ads – which plays commercials before movies and during shows (like many TV channels). There are no adverts in Junior Mode, but profiles with a content rating of &+ years will see ads appropriate for that age category. Adults who give consent will see personalised adverts based on their location and viewing history.

ENCROACHING

ADVERTS

online safety with their children, should they feel

# ACCESSING ADULTS' PROFILES

If adults don't set a PIN for their profile, children could access it and encounter content which isn't age appropriate. In the settings, Junior Mode has a toggle titled 'Kid-Proof Exit' which requires the user to read four words (numbers, spelled out) and enter them to switch profiles. For older children who can read, though, this isn't secure enough – so using a PIN for adult profiles is recommended.

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# Advice for Parents & Carers

# ADJUST CONTENT SETTINGS

When setting up an account, there's an option to create profiles in what's called Junior Mode. This generally covers material that's suitable for children up to age 6 and is therefore fairly limited. You can give older children a wider choice of viewing by building a standard profile, then going into the settings and choosing a content rating from one of the pre-set alternatives: 6+, 9+, 12+ or 14+.

# TURN OFF AUTO-PLAY

When a cartoon, show or movie finishes, Disney+ uses algorithms to identify content with similar themes, which it thinks your child will also enjoy. This suggestion will then automatically begin to play by default. There's an option to turn off this auto-play function in the profile settings, which will encourage your child to take a break from the screen and move on to a different activity.



# ADD PIN PROTECTION

Disney+ enables you to effectively lock profiles behind a four-digit PIN. In particular, some of the shows on the platform's Star content hub are far more oriented to adults (including several hard-hitting dramas from US networks), so protecting parents' or older siblings' profiles with a PIN will help to prevent younger children stumbling across material which isn't intended for them. 

# **ENJOY AS A FAMILY**

W/CE When your child watches a movie or show on Disney+ for the first time, you may want to sit with them to ensure it's suitable. You could do the same when introducing them to older films that you haven't seen for years: your perception of what's appropriate has very probably changed, and some of the language and attitudes in movies from your own childhood may seem quite shocking today.



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