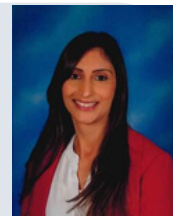




Growing minds, shaping futures and inspiring lifelong learning

Houghton Regis Primary School Newsletter

Friday 10th July 2026



Headteacher: Mrs R Parmar
Chair of Governors: Mrs D Pargeter

Dear Parents, Carers & Children,

This week has certainly been busy for us all! On Monday, we celebrated the graduation of our Nursery children who will be starting Reception in September. We are extremely proud of the progress the children have made this year and it was lovely watching them sing with confidence. They proudly received their certificates and are busily preparing for the next phase of their education. Thank you to the adults at home and school for all your support.

Earlier this week, we welcomed new and existing families to our Nursery stay and play session for children starting our Nursery in September. The children enjoyed engaging with their peers and became comfortable fairly quickly in their new environment. If you were unable to make the session or require any additional information, please do not hesitate to contact the school on office@houghtonregisprimary.co.uk.

Our year 6 children's production of Grossbusters was a fantastic success! The children gave outstanding performances, showcasing an incredible range of talent through their excellent acting, confident singing and energetic dancing. Their hard work, dedication and enthusiasm shone through in every scene, making the show thoroughly entertaining for everyone who attended. We are incredibly proud of each and every one of them for their commitment, teamwork and the confidence they showed on stage. Well done to you all. A special thank you to Miss Coleman, Mrs Cobb, Miss Egdeall and all the other adults who have assisted the children during rehearsals to achieve their very best. I would also like to extend our thanks to parents and carers for all your support.

A reminder that all clubs have now finished and will recommence in September.

We have some exciting events planned for our last week of term:

- Our Sports Days are being held for all year groups - please check the Summer Term Events page for dates and times. Children can come to school in PE kits for their sports day.
- On Monday and Tuesday, our year 6 children will be selling various products on the playground after school. This is part of their Enterprise Challenge and all funds raised will be used to contribute towards their Leavers' Event (taking place on Thursday). Please come along and support our children to make their final week of primary school the most memorable for them.
- On Wednesday, we are holding our annual 'Break the Rules' day. Mrs Everitt has sent further information about this via ClassDojo.
- Our year 6 children will be performing their Leavers' Assembly to their parents and carers on Friday. Information has been sent via ClassDojo about how to reserve a space. A polite reminder that space in the hall is limited so we are kindly requesting that only 2 adults per family attend.

Next week, you will be receiving your child's end of year report via email. If you have recently changed your email address, please ensure the school office has your most updated details.

With the hot weather continuing into next week, please ensure all children come to school with a water bottle and sunhat. Please apply sunblock or broad-band sunscreens with high sun protection factors (of at least SPF 30 and ultraviolet A (UVA) rating of 4 or more stars).

Next week, we say goodbye and good luck to: Miss Viks, Mrs Baldwin, Miss Coca and Miss Kaur. Please join me in thanking them for all their hard work and support during their time with us. We wish them well and all the best for their next venture.

Wishing you all a wonderful weekend. Enjoy the carnival for those of you who are attending and stay safe in the heat.

I look forward to seeing you all next week.

Mrs R Parmar

Headteacher

Happiness - Independence - Excellence - Respect - Ambition

Uniform Expectations

- White plain polo shirt/blouse or white shirt and school tie (optional)
- Bottle green sweatshirt or cardigan (with school logo - optional)
- Grey trousers or grey skirt/pinafore (knee length)
- Leggings are not permitted
- White or grey socks
- White or grey tights
- Black school shoes

PE Days

Silver & Ruby—Monday
Badger, Fox & Lemur—Thursday & Friday
Cheetah & Puma—Monday & Friday
Hyena & Wolf—Thursday & Friday
Jaguar & Leopard—Tuesday & Wednesday
Lion & Tiger—Monday & Thursday
Indigo & Red—Monday & Wednesday

Walk your Wheels

A reminder that children need to 'walk their wheels' on the school premises before school and at the end of the day. Staff patrolling the playground will be reminding children of these rules in order to keep everyone safe by preventing any accidents from happening.

Housepoint Winners

Brunel - 31 points
Curie - 29 points
Bell - 28 points
Johnson - 24 points

Headteacher Awards

Congratulations to the following children:

Ruby & Silver: Hallie G & Buddy P

Badger, Fox & Lemur: Jaden T, Arthur C & Efrem T

Puma, Cheetah, Wolf & Hyena: Lena G, Paul DJ, Jake L & Jaxon-James G

Jaguar, Leopard, Tiger & Lion: Hannah K, Mia P, Ellie S & Oliver G

Indigo & Red: Rhoda A & Annabelle L



Kidz Zone Before & After School Club Information

If you would like further information on Kidz Zone, please visit their website or book on www.kidzzzoneclub.com

Staff Values Champion of the Week

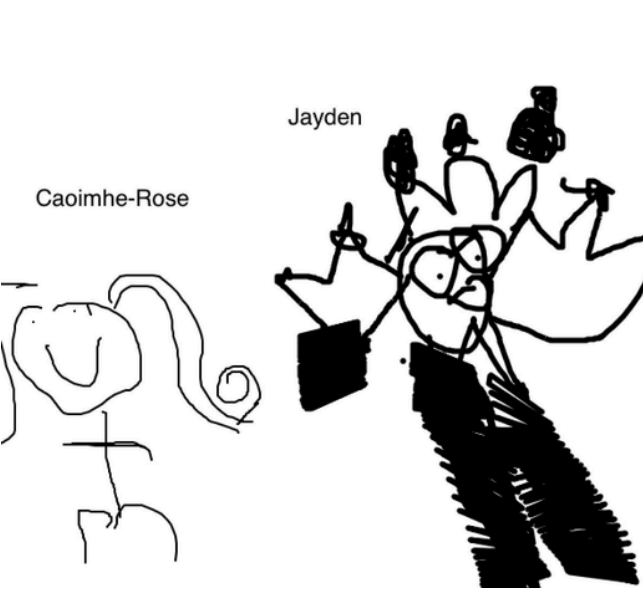
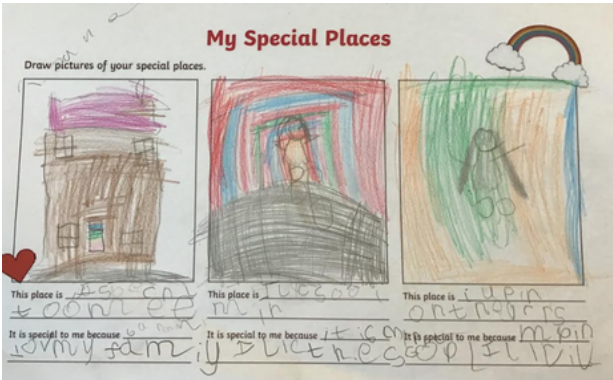
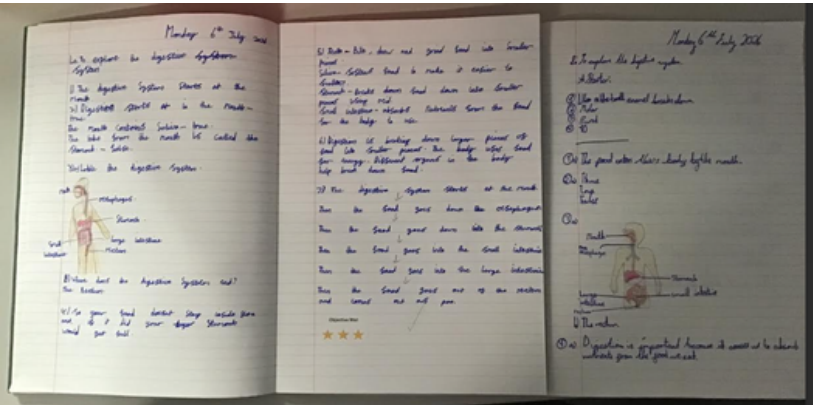
Congratulations to Mrs Everitt for... displaying the value of **Excellence** by demonstrating fantastic teaching skills.



Gold Awards - 300 Dojo Points



Our learning this week...



Summer Term Events

Date	Time	Year Group	Event	Location
Monday 13 th July	9:00am	Nursery (morning children)	Sports Day	Field
Monday 13 th July	9:30am	Fox, Badger & Lemur Classes	Sports Day	Field
Monday 13 th July	10:30am	Puma, Cheetah, Wolf & Hyena	Sports Day	Field
Tuesday 14 th July	9:15am	Jaguar, Leopard, Lion, Tiger, Red & Indigo	Sports Day	Field
Tuesday 14 th July	2:30pm	Nursery (all day and afternoon children)	Sports Day	Field
Wednesday 15 th July		All	Break the Rules Day	
Thursday 16 th July		All	Themed school lunch - Fifa World Cup Picnic Day	
Thursday 16 th July	4:30-6:00pm	Year 6	Leavers' Event	
Friday 17 th July	9:15am	Year 6	Leavers' Assembly for parents and carers of year 6 children - 2 places allocated per family	Hall
Friday 17 th July		All	Last day of term—school finishes at 2:00pm. There will be no Kidz Zone after school club on this day	
Tuesday 1 st September		All	INSET Day - school is closed for children	
Wednesday 2 nd September		All	Children return to school	
Tuesday 8 th September	2:45pm		AGM - Friends of HRPS	
Monday 26 th October - Friday 30 th October		All	Half Term	
Monday 2 nd November		All	INSET Day - school is closed for children	
Tuesday 3 rd November		All	Children return to school	
Friday 18 th December		All	Last day of term—school finishes at 2:00pm. There will be no Kidz Zone after school club on this day	

Our Leadership Team



Headteacher
Mrs R Parmar



Assistant Headteacher—
Pastoral & Inclusion
Ms D Faure-Alexis



Assistant Headteacher—
Academic &
Lower Key Stage 2 Leader
Mr D de Gouviea-Smith



School Business
Manager
Mrs F Jones



EYFS Leader
Lead Practitioner
Miss M Davidson



Key Stage 1
Leader
Miss S Hayat



Key Stage 2
Leader
Miss E Naisby



BREAK THE RULES

DAY... 15TH JULY

Join in with a day of fun by breaking some of our usual school rules!

The cheeky things that children are allowed to do (for one day only!) are listed below.

The one rule we insist on is that children must pay £1 for every rule they break!

Cash donations to be given at classroom doors, please!

Wear your own clothes to school!

Please ensure your outfit is suitable for school though!

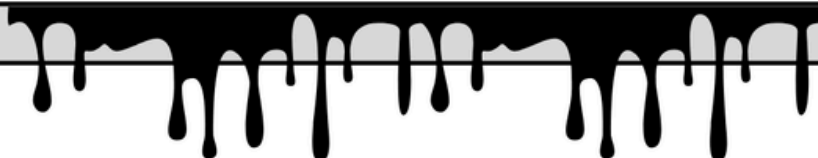
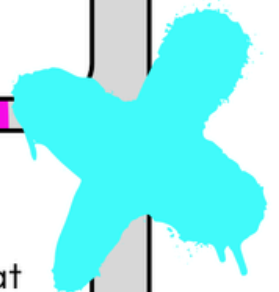
Bring in sweets or crisps for a breaktime snack!

Wear jewellery, have crazy hair and painted nails!

Bring juice in your water bottle!

Only fun activities all day long!

Children can bring in board games from home (this is at your own risk as we cannot guarantee no lost pieces!)



Parent Governor Vacancy

Are you interested in becoming involved in the strategic leadership of the school? Do you want to support the school's journey of improvement?

We have a vacancy for a parent governor and are looking for parents, grandparents or carers who want to work with school leaders enriching the Houghton Regis Primary School experience for our children.

The commitment is generally a couple of meetings a term and a couple of school visits – approximately six hours a term.

If you are interested and want to find out more, please email the Chair of Governors, Deborah Pargeter at governingbody@houghtonregisprimary.co.uk for an informal discussion on what the role entails and how your skills and experience can support the governing body.

Friends of HRPS

What is a PTA?

PTA stands for Parent Teacher Association. Volunteer organisations like this are usually composed of parents, class reps, teachers and other school staff who come together for regular meetings to discuss the school year and upcoming events.

PTAs bridge the gap between parents, teachers and pupils, helping to build productive relationships and further ensure the school is a place where pupils can thrive.

PTAs are now established in most schools and parents enjoy working closely with teachers, creating bonds with other parents, fundraising for events, working with the local community and learning more about the curriculum.

At our school, we are known as Friends of HRPS.

What do we do?

Friends of HRPS aim to accomplish a range of things, all usually geared at making the school a better place to learn. We work together to raise money with a variety of creative events throughout the school year, encouraging the whole community to get involved.

Friends of HRPS events

In previous years, we have organised summer fetes, Santa's Christmas Grotto, discos and a sponsored walk to name a few.

Why is our role so important?

We give parents more of a voice and get them feeling involved. Parents can provide the school community with a fresh perspective and highlight any concerns in a supportive environment.

The organisations are also instrumental in providing additional opportunities for pupils by strengthening the overall school experience.

Why should you join Friends of HRPS?

Being a part of your child's school community has several benefits:

- Scheduled meetings allow parents to keep up to date with upcoming academic events and socials.
- It creates stronger relationships with staff members, where they can easily communicate expectations and standards of learning.
- It allows parents to establish relationships and network with other parents.
- Parents can support the school in creating the best environment possible for their child and other pupils, helping make a real difference.
- Friends of HRPS members can learn new skills, from fundraising and problem-solving to communication and creativity.
- As a member of Friends of HRPS, you'll be able to see measurable results and appreciate the impact of all your efforts!

Please email the Chair, Mrs R Reid-Stavrinides at: ptahrps@gmail.com if you would like to find out more information.





PLACES KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2026

moneysavingcentral.co.uk/kids-eat-free



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

ASDA

Kids eat for £1 daily, with no adult spend

ASK ITALIAN

2 Kids eat free every day until Sept 6th 2026

BELLA ITALIA

Children eat free Sunday - Thursday

BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with 1 paying adult

BILLS

Kids Eat Free weekdays until September 1st 2026

BREWDOG

1 Kid eats free with 1 adult, 19th July - 31st August

CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

CHIKUITO

Kids eat free during all school holidays

COCONUT TREE

Kids eat free Mon 13th July - Sun 6th Sept

DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult meal purchase

FARMHOUSE INNS

2 Kids eat FREE this summer holidays

FLAMING GRILL PUBS

Kids eat for 88p this summer holidays

FRANKIE & BENNY'S

Kids eat FREE during school holidays

FRANCO MANCIA

Kids eat FREE school holidays Mon-Thurs

FUTURE INNS

Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

HARVESTER

Kids eat for £1 every day until Sept 1st 2026

HUNGRY HORSE

Kids eat for 88p this summer holidays

IKEA

Kids get a meal from 95p daily from 11am

LAS IGUANAS

Kids under 12 eat FREE via the App

MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

MORRISONS

Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

PIZZA HUT

Kids Eat Free Every Day after 3pm

PREMIER INN

2 kids eat for free with 1 adult breakfast

PRETO

Kids up to age 10 eat free with 1 paying adult

PREZZO

Kids up to age 12 eat for £1 during half terms

PUREZZA

Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS

Kids eat for £1 on Wednesdays

SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

TESCO

Kids eat free every day this summer with a 65p spend

TGI FRIDAYS

Kids Eat Free until 6th September (Via App)

THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

TRAVELODGE

2 kids eat for £1 with 1 adult breakfast

TOBY CARVERY

Kids eat for £1 every day until Sept 1st 2026

TURTLE BAY

Kids eat free with every £15 adult spend via app

VILLAGE HOTELS

Kids eat free 20th July - 4th Sept via the village app

WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

YO! SUSHI

Kids eat free all day (weekdays) in school holidays

ZIZZI

Kids eat free via app during school holidays



WELCOME TO YOUR NEW SCHOOL!

You've joined a school that rocks...literally! Every week, children get to jam together in real bands with iRock School of Music. Whether they're on keys, drums, vocals or guitar, they'll learn their favourite songs and even perform live for their grown-ups to cheer them on.

But, iRock is more than music – it's about confidence, friendship and imagination. **Our youngest iRockers in Reception start their musical journey through play, rhythm and teamwork, building foundational skills whilst having fun!**

“*It's great to see our child having the confidence to go on stage and sing. Such a proud moment and he was so chuffed with himself!*”
– Proud Parent of Reception iRocker, 2025



All About iRock

- **Band-based lessons for Reception to Year 6**
- Real instruments and music pupils love
- **Taught by expert Band Coaches in small groups**
- Bands grouped by age
- **Regular concerts and rewards**
- Exam-free Group Performance qualification awarded by RSL
- **Journey through the engaging iRock curriculum**
- Simple monthly subscription service
- **Log in to the iRock Parent Portal to view your child's progress.**



4- to 5-year-olds in a rock band...

how does that work?



At this early stage, your child is developing language, coordination and emotional awareness – all the things iRock supports naturally through music.

Being in a band is about so much more than just learning notes - the benefits of iRock help develop so many vital skills during early childhood.

Social

Children learn to take turns, share ideas, and play as a team. Listening is essential, and bandmates build empathy, situational awareness and reasoning whilst working towards a shared goal.



Language

Children follow musical cues, learn new words, and grow confidence in speaking and listening. iRock builds strong language and listening foundations through music-led communication.



Motor Skills

Strumming, tapping, and pressing keys develop fine motor control. iRock strengthens hand coordination and muscle memory through clapping and instrument use each week.



Cognitive

Reception pupils build focus by keeping rhythm and solving musical challenges through play. iRock boosts attention spans and early reasoning in a fun, structured way that supports classroom learning.

Emotional

Playing music helps children release energy and feel proud of what they achieve. iRock builds a sense of belonging, responsibility, and joy—key emotional tools as they enter structured school life.



www.irockschool.com/enrol

Are your children eligible for benefits-based free school meals?

Central
Bedfordshire

great
prospects

All children in Reception, Year 1 or Year 2 are entitled to free school meals referred to as 'Universal Infant Free School Meals' (UIFSM).

But any child in Reception through to Year 11 that meets the Government criteria listed below is entitled to benefits based free school meals. By claiming this, there are also other benefits available to the child and family such as access to the Holiday Activities and Food programme, providing free activities during the Easter, Summer and Christmas school holidays.

Do you receive one of the following benefits?

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- * • Income-related Employment and Support Allowance
- support under Part IV of the Immigration and Asylum Act 1999
- the Guarantee element of State Pension Credit
- Child Tax Credit (provided you are not also entitled to Working Tax Credit and you have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying for Working Tax Credit)

If so, your children may be entitled to benefits based free school meals. Turn over to find out how to apply.

Find us online  www.centralbedfordshire.gov.uk/free-school-meals

How to apply for free school meals

If you think you meet the free school meals eligibility criteria, please call us on 0300 300 8306. When you call to apply for free school meals, please have the following information ready:

- National Insurance numbers and dates of birth for you and your partner
- dates of birth for your children
- your NASS number, if you receive support from the National Asylum Support Service

If your child is aged 16-18 and attends a further education or sixth form college, please contact the college for information about free school meals. If your child attends a school sixth form, please contact us to apply.

As soon as we have confirmed that you qualify, we will tell your child's school that their free school meals can start from the date you apply.

Need some more advice or support? Head to your local Children's Centre for help.

Find your local centre by visiting  bit.ly/familyinfodirectory

Find us online  www.centralbedfordshire.gov.uk/free-school-meals

DEVINE

FOOTBALL COACHING

DEVELOPMENT CENTRE

FOR BOYS & GIRLS



MONDAY NIGHTS

DEVELOPING PLAYERS.
BUILDING FUTURES.

TIME

5-6PM | U5-U7

6-7PM | U8-U10

7-8PM | U11-U13



DEVELOP
TECHNICALLY



BUILD CONFIDENCE
IN A POSITIVE,
FUN ENVIRONMENT



LINKS TO
GRASS ROOTS
TEAMS



LOCATION | CREASEY PARK, DUNSTABLE



07860 164156



sd3vine2729@outlook.com

NEW SCHOOL STARTERS

**Meet your new classmates
and their families!**

*Is your child starting Primary School in September?
You and your little ones are invited to come along and
make friends with their new classmates and their
parents at Snakes and Ladders!*

Dates

All sessions run 9.30am - 11.30am

Week 1	School	Promocode
10/08	Beecroft Academy	15911NH2T1
11/08	Lark Rise Academy	16011GMUCX
12/08	Hadrian Academy	161118NBHU
13/08	Watling Lower School	162119RGJ1
14/08	Dunstable Icknield Lower School	16311QPZGA
Week 2		
17/08	Houghton Regis Primary School	164115PS2Y
18/08	Lancot School	16511SH9QM
19/08	Thornhill Primary School	166116C5Z7
20/08	Tithe Farm County Primary School	16711BVYN2
21/08	Aston St. Peter's CofE Primary School	16811ZWJ2

You'll need to show a letter from the school
confirming your child is attending from September,
on entry. Additional adults and siblings are also
welcome to join in at our normal admission charge.


Snakes&Ladders

1 FREE
Adult and
Child Entry

ONLINE TRAINING AND EVENTS *AUTUMN TERM*

SAVE THE DATE

**29TH
SEPT
2026**

**ADD-vance Tips and Tools for
Positive Behaviour**

29/09/2026

12:00 pm - 1:30pm



**2ND AND
9TH OCT
2026**

**PDA Society - PDA for Parent Carers
(2 sessions- Need to attend both)**

02/10/2026 and 09/10/2026

9:30 am -12:15 pm



**21ST
OCT
2026**

Biggleswade Roadshow (Inperson)

21/10/26 10:00 am-12:00 pm

No booking needed, free to drop in
and talk to range of professionals



Booking Details

Details about how to book coming soon.
Remember to join SNAP PCF and to check
your emails for updates.

ADD-vance
The ADHD and Autism Trust

Add -vance sessions are recorded and available to watch for 7
days after to those booked/attending the session.



FREE

www.snappcf.org.uk

**SAVE
the DATE**