

AUTUMN/  
WINTER  
2017



# SCHOOL LUNCH MENU

WEEK 1

w/c 30/10/17, 20/11/17, 1/12/17, 08/01/18, 29/01/18, 26/02/18 & 19/03/18



**Luton**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice  
1  
(Non-Halal)

Fish Fingers served  
with Mash Potato

Beef Bolognese  
served with Pasta

Honey Roasted Gammon  
Steak & Pineapple with  
Roast Potatoes

Chicken Tikka served with  
Whole Grain Rice & Naan

Cheese & Tomato Pizza  
Slice served with Chunky  
Chips

Choice  
2

Vegetable Fingers  
served with Mash  
Potato

Linda McCartney  
Bolognese served with  
Pasta

Cheese and Red Onion  
Flan served with Roast  
Potatoes

Chickpea & Sweet Potato  
Curry served with Whole  
Grain Rice & Naan

Salmon and Parsley Fish  
Cakes served with  
Chunky Chips

Choice  
3

Jacket Potato filled  
with Six Bean Medley  
in a BBQ Sauce

Tuna & Sweetcorn  
Wrap

Jacket Potato filled  
with Cheese & Coleslaw

BBQ Chicken Wrap

Jacket Potato filled  
with Beans

Veg

Carrot Batons

Sweetcorn

Sliced Carrots

Broccoli

Baked Beans

Dessert

Toffee Apple Sponge  
with Creamy Custard

Chocolate Brownies

Oatmeal & Ginger Cookie  
served with a milkshake

Lemon Love Cake served  
with Creamy Custard

Decorated Cupcakes

Green Peas

Sliced Green Beans

Savoy Cabbage

Sweetcorn

Garden Peas

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

AVAILABLE DAILY

\*Home Made Fresh Bread  
\*Fresh Salad Items



For details on Cultural and Special Dietary Diets,  
Allergen Information, School Meal Prices & more,  
please visit our website:

[www.luton.gov.uk/schoolcatering](http://www.luton.gov.uk/schoolcatering)

catering  
services

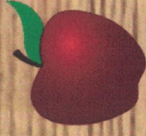
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a fresh approach





# SCHOOL LUNCH MENU

# Luton



## WEEK 2

w/c 06/11/17, 27/11/17, 18/12/17, 15/01/18, 05/02/18, 05/03/18 & 26/03/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice 1  
(Non-Halal)

Choice 2

Choice 3

Veg

Dessert

Giant Fish Finger Sandwich served with Coleslaw

BBQ Chilli Beans & Whole Grain Rice

Jacket Potato filled with Cheese & Sweetcorn

Sausage and Mash with Onion Gravy

Linda McCartney Sausage and Mash with Onion Gravy

Tuna & Cheese Melt

Roast Beef served with Mini Yorkshire Puddings & Roast Potatoes

Quorn Fillet served with Mini Yorkshire Puddings & Roast Potatoes

Jacket Potato filled with Vegetable Chilli

Chicken & Sweetcorn Pie served with New Potatoes

Baked Bean Lasagne

Vegetable and Bean Burrito

Cheese & Tomato Pizza Slice served with Chunky Chips

Chicken Burger in a Bun served with Coleslaw

Jacket Potato filled with Beans

Garden Peas

Carrot Batons

Key Lime Cheesecake

Sliced Carrots

Sweetcorn

Cornflake Tart with Creamy Custard

Cauliflower

Broccoli Florets

Raspberry & Lemon Muffins

Peas

Carrot Batons

Crunchy Banana Cake served with Creamy Custard

Baked Beans

Garden Peas

Chocolate Fudge Cake with Chocolate Frosting

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

### AVAILABLE DAILY

- \*Home Made Fresh Bread
- \*Fresh Salad Items



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# SCHOOL LUNCH MENU



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## WEEK 3

w/c 13/11/17, 04/12/17, 01/01/18, 22/01/18, 19/02/18 & 12/03/18

AT HOME  
210c  
WINTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice 1 (Non-Halal)	Fish Goujons served with Jacket Wedges	Shepherd's Pie topped with Cheddar Cheese Mash	Roast Chicken served with stuffing & Roast Potatoes	BBQ Pulled Pork served with Whole Grain Rice	Cheese & Tomato Pizza with Chunky Chips
Choice 2	Quorn Veggie Hotdog with Coleslaw	Vegetarian Shepherd's Pie topped with Cheddar Cheese Mash	Bean Bake served with Roast Potatoes	Classic Macaroni Cheese	Battered fish with Chunky Chips
Choice 3	Jacket Potato with Tuna & Sweetcorn	Chicken Tikka Wrap	Jacket Potato filled with Spicy Lentils	Cheese and Bean Quesadillas	Jacket Potato filled with Beans
Veg	Garden Peas	Parsnips	Carrots	Roast Winter Veg	Baked Beans
	Sweetcorn Cobs	Broccoli Florets	Sweetcorn	Peas	Garden Peas
Dessert	Blackberry & Apple Crumble with Custard	Chocolate & Banana Muffins	Apricot Flapjack	Bakewell Tart served with Creamy Custard	Melting Moment Biscuit

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

### AVAILABLE DAILY

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- \*Fresh Salad Items



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